



# Northwood News

**TOMORROW'S ACHIEVERS TODAY**

**Thursday 19 October 2017 – Volume 35**

## **Quote of the Week**

"There is no exercise better for the heart than reaching down and lifting people up."  
~ John Holmes

## **From the Headmaster**

**MR P L McAVOY**

### **SPEECH DAY**

Last Friday's event was an excellent example of the success of the school in many ways. It was a great pleasure to welcome John Steenhuisen back as guest speaker, and to hear his positive message about the future. I wish the Grade 12 prize winners all success in the upcoming exams.

To the incoming Head Boy and his Deputies, as well as to the new leadership of Bruyns House, congratulations on your appointments. The school has placed considerable trust in you, and you have the support of both the staff and your fellow learners as you take on this key role. We have full confidence in your abilities, and look forward to a successful year.

**"You can't go back and  
change the beginning,  
but you can start  
where you are and  
change the ending."**

**— C.S. Lewis**

When you leave all your homework for  
Sunday night



Exams creep ever closer. If you believe you have underperformed over the first three terms, you need to put this behind you. Focusing on the disappointments of the past will not help you. From a practical perspective however, you may have struggled because you have not kept proper track of the workload, or haven't understood a concept when it was originally covered in class.

NOW is the time to make sure you are organized. Perhaps set up study groups with friends, or make special arrangements with teachers to help you where possible. Do not let the thought of the work paralyze you and prevent you from starting off. Procrastinate now and it will be worse later!

For advance planning purposes, please take note that Northwood has been confirmed as a marking centre for NSC exams at the end of the year.

This means that the campus will be off-limits to boys from Wednesday 29 November until Grade 8-11s return to collect reports on 6 December. Further details will be released closer to the time. No post-exam sports programme will be run as in previous years due to these restrictions, however leadership camps for Grade 8 and 9 Boys will continue as arranged.

# Congratulations!



Our top academic achievers for the 2017 matric class were announced at our recent Speech Day.

From left to right: Tuvir Jugganath (3<sup>rd</sup> in Grade), Kaamil-Inaam Naiker (Dux: 1<sup>st</sup> in Grade) and Kiash Arjun (Proxime Accessit: 2<sup>nd</sup> in Grade)



Our school leadership team for 2018 are from left to right: Kiaav Sunderlall (Deputy Head Prefect), Marco Dalle-Vedove (Deputy Head Prefect), Cameron Ciaglia (Head Prefect), Nicholas Deeb (Deputy Head Prefect) and Luke Brickhill (Deputy Head Prefect).



The leadership for John Bruyns House for 2018 are: (from left to right): Khaya Mazibuko (deputy), Mbasa Zosi (Head) and MacMillian Mudara (deputy)





wishing all our hindu staff, learners and the northwood community peace, health, prosperity and light at diwali and for the year ahead.

## From the Counsellor's Desk

MR M RICH ext 304

Email: [mr rich@nwood.co.za](mailto:mr rich@nwood.co.za)

### USHAKA SEA WORLD MARINE CAREERS OPEN DAY

uShaka Sea world will be running a Marine Careers Workshop for school learners this Saturday 21 October.

Animal Health  
Aquarists  
Behaviourists  
Divers  
Marine Scientists

For more information contact Heidi Killian on 031 328 8228 or email [hkillian@seaworld.org.za](mailto:hkillian@seaworld.org.za)

### THE GENESS FOUNDATION, IN PARTNERSHIP WITH DURBAN ICC, IS OFFERING FREE MATRIC REVISION FOR PUBLIC SCHOOL PHYSICS & CHEMISTRY LEARNERS

**LIMITED FREE SEATS, October 21-22 2017, 8H00-17H00, REGISTRATION ESSENTIAL**

**Physics:** Register at [www.genessmatricphysicsdbn.eventbrite.com](http://www.genessmatricphysicsdbn.eventbrite.com)

**Chemistry:** Register at [www.genessmatricchemistrydnb.eventbrite.com](http://www.genessmatricchemistrydnb.eventbrite.com)

**VENUE:** Durban International Convention Centre (ICC)

Top seasoned matric teachers will deliver classes at **no cost (tuition, materials and food will be provided).**

The Geness Foundation Social Media Handles are.

Twitter: @GENESSFOUND

Facebook: Geness Foundation

# Online Ordering of Sports Photos

Parents can visit the Prestige website on [www.prestigemoments.co.za](http://www.prestigemoments.co.za) and enter the unique code c2102 or alternately click on the link below to order their son's school sports photographs.  
<http://www.prestigemoments.co.za/c2102/Photos.aspx>



## 10 Months of Awareness

October is **HIV and Sexually transmitted diseases awareness**



### Eastern and Southern Africa (2016)

**19** million people living with HIV  
**7.1%** adult HIV prevalence  
**960,000** new HIV infections  
**470,000** AIDS-related deaths  
**56%** know their status  
**54%** on antiretroviral treatment  
**45%** virally suppressed

Source: UNAIDS Prevention Gap Report 2016

### THE LOWDOWN ON HOW TO PREVENT SEXUALLY TRANSMITTED DISEASES

#### Practice Abstinence

The surest way to avoid STDs is to not have sex.

This means not having vaginal, oral, or anal sex.

#### Have Fewer Partners

Agree to only have sex with one person who agrees to only have sex with you.

Make sure you both get tested to know for sure that neither of you has an STD. This is one of the most reliable ways to avoid STDs.

#### Talk With Your Partner

Talk with your sex partner(s) about STDs and staying safe before having sex.

It might be uncomfortable to start the conversation, but protecting your health is your responsibility.

Every year, there are an estimated **20 MILLION** new STD infections in the United States.

#### Use Condoms

Using a condom correctly every time you have sex can help you avoid STDs.

Condoms lessen the risk of infection for all STDs. You still can get certain STDs, like herpes<sup>[1]</sup> or HPV<sup>[2]</sup>, from contact with your partner's skin even when using a condom.

Most people say they used a condom the first time they ever had sex,<sup>[3]</sup> but when asked about the last 4 weeks, less than a quarter said they used a condom every time.<sup>[4]</sup>

#### Get Vaccinated

The most common STD can be prevented by a vaccine.

The HPV vaccine is safe, effective, and can help you avoid HPV-related health problems like genital warts and some cancers.

#### Who should get the HPV vaccine?

Routine vaccination for boys & girls ages **11 to 12**.<sup>[5]</sup>

Catch-up vaccination for:

- Young women ages 13 to 26
- Gay, bisexual, & other men who have sex with men up to age 26
- Men with compromised immune systems up to age 26

#### Get Tested

Many STDs don't have symptoms, but they can still cause health problems.

Talk with your health care provider<sup>[1]</sup> Search for CDC recommended tests<sup>[2]</sup> Find a location to get tested for STDs<sup>[3]</sup>

The only way to know for sure if you have an STD is to get tested.

### The Good News

STDs **ARE** preventable. There are steps you can take to keep yourself and your partner(s) healthy.

Here's How You Can Avoid Giving or Getting an STD:

- Step by step male condom instructions
- Know Your Condom Dos and Don'ts

### If You Test Positive...

Getting an STD is not the end!

Many STDs are curable and all are treatable. If either you or your partner is infected with an STD that can be cured, both of you need to start treatment immediately to avoid getting re-infected.

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Durban North 4016  
E-mail: [nwood@nwood.co.za](mailto:nwood@nwood.co.za)  
[www.northwoodschool.co.za](http://www.northwoodschool.co.za)



Mr. P.L. McAvoy  
Headmaster  
Telephone: (031) 563-6501/2  
Fax: (031) 564-1898

## Northwood School

### NOTICE OF GENERAL MEETING OF PARENTS

Notice is hereby given in terms of Section 38(2) of the SA School Act 1996, a general meeting of parents be convened on Monday 6<sup>th</sup> November 2017, at 18h00, in the school AV room for consideration and approval of the annual school budget. Also note that a copy of the draft budget will be available for inspection at the school, 14 days prior to the meeting.

Grant Smith  
Chairman - Governing Body

Paul McAvoy  
Headmaster

## Important Dates

TERM 4  
SUBJECT TO CHANGE

Day	Dates	Time	Event	Venue
<b>OCTOBER</b>				
Wed	18		Matric Final AP Maths Exam	School Hall
Thurs	19		Diwali	
Thurs	19 to 22	Oct	U15 Crawford Lone Hill Waterpolo Tournament	Johannesburg
Thurs	19 to 22	Oct	St Stithians 1 <sup>st</sup> Team Waterpolo Stayers Tournament	Johannesburg
Fri	20	18h00	Quiz Evening – School Fundraiser	Northwood
Sat	21		Cricket, Basketball & Waterpolo vs Westville	Various
Tues	24		Circle of Valour Awards	MECC
Thurs	26 to 28	Oct	U14A Waterpolo Tour to Grey College	Bloemfontein
Sat	28		Cricket, Basketball & Waterpolo vs Kearsney	Various
Fri	27		BE Christmas Dinner	Bruyns House
<b>NOVEMBER</b>				
Fri	03		School Exams Start (TBC)	
Sat	04		Cricket vs Sunfoil	Northwood
Fri	10		Remembrance Day	
Sat	11		Athletics – League D	Kings Park
Fri	24		Exams End	
Mon	27	11h30	Matric Bell Ringing	
Wed	29		Various Leadership Camps	TBC
Wed	29		School Closes for Learners	
<b>DECEMBER</b>				
Wed	06		Grade 8 – 11 Collect Reports	
Fri	08		School Closes for Staff	





## Washington—New York—Newport—Boston

Wall Street

Amazing Race

Cycle through Central Park

Harvard & Yale University Tours

Broadway Show

White House

Ground Zero

Amphibious Duck Tour

Smithsonian

Grand Central Station

4th of July Fireworks!!

Shopping, SHOPPING, SHOPPING & much much more!!!

For more information contact Jenni-Lyn van Niekerk on [jvniekerk@nwood.co.za](mailto:jvniekerk@nwood.co.za) or (031)563-6501

# USA East Coast Tour 2018 June / July Holidays



# Ashleigh White Physiotherapy

Northwood Sports Medical Centre, Northwood School, Lower Campus,  
43-47 Mackeurtan Ave, Durban North, 4016  
Tel : 031 564 7675      Mobile : 071 607 0883



The do's and do not's of stretching:

Stretching is an essential part of any exercise regime, it can help with balance, improved flexibility, reduction in muscle and joint stiffness and can reduce the risk of injuries.

Just a few tips when it comes to stretching:

1. Try and stretch when the body is warmer, cold muscles do not respond as well as warm ones.
2. Hold a stretch for 10-15 sec only. Repeat 2-3 times.
3. Usually stretch left and right sides
4. Do NOT do a marathon stretching time
5. DO stretch more frequently, better for 5 min than not at all
6. DO stretch the muscles you use for your sport – shoulders for waterpolo, legs for more weight bearing sport
7. Do NOT bounce a stretch
8. You CAN stretch if your muscles are sore but do NOT push into pain when stretching

Some studies have shown that regular stretching also releases many good hormones into your bloodstream so can indirectly reduce stress and tension.

As we get older, the number of stretch receptors in our muscles decrease naturally but with regular stretching the number can increase again.



Kind Regards  
Ashleigh White

## Moms Who Pray

Any moms who would like to join the Moms Who Pray group which meets on Friday mornings at 7.30am can call Sheena Carnie (083 771 8886) for more information.



## Snapplify

Snapplify will be at the school to assist with e-books – use of functions such as notes, etc and any other problems or questions.

Date: Friday, 27 October

Time: 1pm – 3pm

Venue: Northwood Media Centre (Library)





## Circle of Valour

Congratulations to this year's Circle of Valour Award winners:

Sports Award – Keshav Maharaj  
Community Service Award – Garth Lezard  
Music, Arts and Culture Award – Brian Finch  
Academic, Science and Technology Award – Dr Vic Peddemors  
Business Award – Tony Dixon

**Dinner: Tuesday 24 October**

At Mt Edgecombe Country Club

For further information please contact Theresa Kennedy 031 563 6501 ext 302 or email

[theknights@nwood.co.za](mailto:theknights@nwood.co.za).

## Smalls

*These mini adverts are put in as a community service and are not specifically endorsed by Northwood.*

**MATHS AND PHYSICS PRIVATE TUITION** available. One-on-one or classes. Grades 6-11. Call 081 369 1463 for pricing.



**CRICKET KIT FOR SALE:** BDM English Willow HiTech DYNAMIC POWER Super Cricket Bat with Grip, Knocked, Size SH, Adjustable BDM Helmet, WASP Cricket KIT Bag with wheels, WASP Cricket Gloves with original packaging, Batting inners, Zennit Pads, Somo Thigh Guard, Arm Guard, Abdominal Guard Box, 1 Training ball with string, 3 Cricket Balls. **ALL FOR R2500.** Call or Whatsapp Anil on 072 337 3888 or 031-3117922 (w).

**VIDEO TO DVD TRANSFERS:** Preserve your precious memories from dust, humidity and mould by converting them to DVD. Professional conversion of V.H.S., V.H.S.C, Video 8, Hi8, mini DV formats and SD card to DVD or memory stick. Cleaning and repair service also available. Contact: Louisa Whitfield on 031-261 2951/083 324 6149

Experienced English teacher offers extra lessons. Reasonable rates. Phone 082 511 0237.

To join as an **AVON** rep and start earning or to place an order from our latest brochure contact Ceinwen Oosthuizen 083 324 2167 or [Ceinwen.avon@mweb.co.za](mailto:Ceinwen.avon@mweb.co.za).

**AUTO GATES AND ALARMS:** Repairs and Install. Ronald 073 617 3290.

## Northwood Medical Centre

Reception		031 564 7675	<a href="mailto:medicalcentrenorthwood@gmail.com">medicalcentrenorthwood@gmail.com</a>
Physiotherapist	Ashleigh White	071 607 0883	<a href="mailto:physioajwhite@hotmail.com">physioajwhite@hotmail.com</a>
Chiropractor	Michael Wiggett	071 485 5201	<a href="mailto:michael@chiro.durban">michael@chiro.durban</a>
Homeopath	Colette Kell	073 019 9799	<a href="mailto:colette.kell@gmail.com">colette.kell@gmail.com</a>
Psychologist	Shannon Ownhouse	072 737 1610	<a href="mailto:shannonownhouse@gmail.com">shannonownhouse@gmail.com</a>



# Academics

## From the Head of Academics

MRS R STANLEY

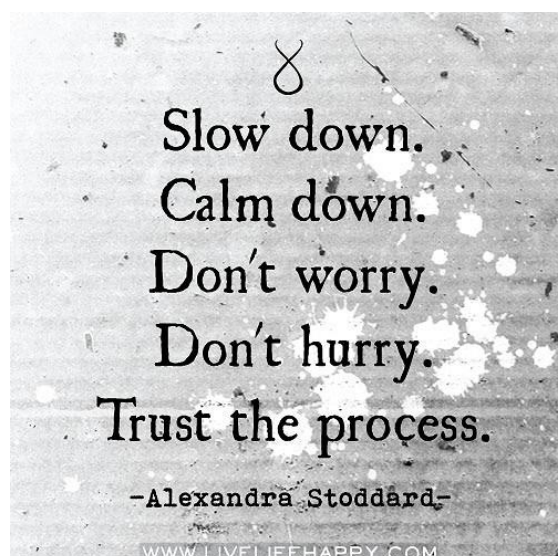
Email: [rstanley@nwood.co.za](mailto:rstanley@nwood.co.za)

### MATRICS 2017

Congratulations to all the prize winners on your achievements. Our best wishes are with all the matrics in your preparation for the Senior Certificate Examinations.

Subject teachers will be available during their time tabled grade 12 lessons to assist you, please remember to wear full school uniform when attending these sessions.

A word to parents – you stress more than your children, it is natural. Just be there for them, love them, encourage them, and most importantly, feed them!



## Extra Lesson Timetable

GRADE 8	
<b>MON</b>	<b>Sport</b>
<b>TUES</b>	Maths – Ms Mountjoy/Mr Blake Physics – Mr Peerbhay English – Mr Hale
<b>WED</b>	<b>Sport</b>
<b>THURS</b>	Afrikaans – Mr Nielsen IsiZulu – Mr Gasa/Ms Nkwanyana Maths – Mrs le Roux / Mr Blake

GRADE 9	
<b>MON</b>	<b>Sport</b>
<b>TUES</b>	Maths – Mrs Munnik Physics – Mr Peerbhay Afrikaans – Ms Coetzee IsiZulu – Ms Nkwanyana
<b>WED</b>	<b>Sport</b>
<b>THURS</b>	Maths – Mrs Munnik English – Mr Halse

Life Science – Mrs Morton – Monday to Thursday in Homework Centre  
EMS – See Ms Raftopoulos to arrange

GRADE 10	
<b>MON</b>	Maths – Mrs Scott Afrikaans – Mrs v/d Westhuizen IsiZulu – Ms Nkwanyana
<b>TUES</b>	<b>Sport</b>
<b>WED</b>	English – Mr McDowall Life Sciences – Mr Robertson Afrikaans – Mrs v/d Westhuizen
<b>THURS</b>	<b>Sport</b>

GRADE 11	
<b>MON</b>	Afrikaans – Mr Jankeeparsad isiZulu – Mr Gasa / Ms Nkwanyana
<b>TUES</b>	<b>Sport</b>
<b>WED</b>	English – Ms Domun Life Sciences – Mrs Morton Physics – Mrs Ramseook
<b>THURS</b>	<b>Sport</b>

Accounting/Business Studies/Economics – See Ms Raftopoulos

GRADE 12	
<b>MON</b>	English – Ms Domun Life Sciences – Dr Pillay Physics – All
<b>TUES</b>	<b>Sport</b>
<b>WED</b>	Afrikaans – Mr Harishun IsiZulu – Ms Nkwanyana
<b>THURS</b>	<b>Sport</b>

Accounting/Business Studies/Economics – See Ms Raftopoulos

# Matric Exam Timetable 2017

DATE	09H00	14H00
Tues 24 Oct	English P1 (2 Hrs)	
Wed 25 Oct	Accounting (3 Hrs)	
Fri 27 Oct	Maths P1 (3 Hrs) Maths Lit P1 (3 Hrs)	
Mon 30 Oct	Maths P2 (3 Hrs) Maths Lit P2 (3 Hrs)	Visual Art (3 Hrs)
Tues 31 Oct	Geography (Theory) P1 (3 Hrs)	Geography (Map work) P2 (1½ Hrs)
Wed 01 Nov	IsiZulu P1 (2 Hrs)	IT (Theory) P2 (3 Hrs)
Thurs 02 Nov	Afrikaans P1 (2 Hrs)	Economics P1 (2 Hrs)
Fri 03 Nov	Phys Science (Physics) P1 (3 Hrs)	
Mon 06 Nov	Phys Science (Chemistry) P2 (3 Hrs)	
Tues 07 Nov		Economics P2 (2 Hrs)
Wed 08 Nov	English P2 (2½ Hrs)	
Thurs 09 Nov	IsiZulu P2 (2 Hrs)	
Fri 10 Nov	Life Sciences P1 (2½ Hrs)	
Mon 13 Nov	Life Sciences P2 (2½ Hrs)	EGD P1 (3 Hrs)
Wed 15 Nov	Afrikaans P2 (2 Hrs)	History P1 (3 Hrs)
Thurs 16 Nov	IsiZulu P3 (2½ Hrs)	
Mon 20 Nov		EGD P2 (3 Hrs)
Tues 21 Nov	History P2 (3 Hrs)	
Wed 22 Nov	Music P1 (Theory) (3 Hrs)	Music P2 (Comprehension) (1½ Hrs)
Thurs 23 Nov	Business Studies (3 Hrs)	
Fri 24 Nov	Afrikaans P3 (2½ Hrs)	
Mon 27 Nov	English P3 (2½ Hrs)	

**Matric Bell Ringing** Monday 27 November at 11h30

## Have You Seen Our New Website?

[www.northwoodschool.co.za](http://www.northwoodschool.co.za)

**Northwood**

HOME ADMISSIONS NEWS CONTACT

### The School Of Choice

LIFE AT NORTHWOOD KNIGHTS GET INVOLVED CONTACT US

### About Northwood School

Northwood offers a balanced and relevant education in a positively challenging yet disciplined environment. This empowers its learners to enter a changing world as happy, confident and competent young men equipped with the necessary skills, initiative and enthusiasm to face the future of their choice. Although participation in all aspects of the school life is fundamental, academics remains Northwood's primary focus, so that outstanding academic results are consistently achieved.

READ MORE

**D6 Communicator**

DOWNLOAD

Newsletters



# November Examination 2017

DATE	TIME	GRADE 8	GRADE 9
03/11 FRI	08H30-10H30	AFRIKAANS/ ZULU	ENGLISH P2
06/11 MON	08H00-09H00	STUDY	STUDY
	09H45-11H45	LIFE SCIENCE (1½ HRS)	EMS
07/11 TUE	08H00-09H00	STUDY	STUDY
	09H45-11H45	STUDY	HISTORY (1½ HRS)
08/11 WED	08H00-09H00	STUDY	STUDY
	09H45-11H45	EMS	STUDY
09/11 THUR	08H00-09H00	STUDY	STUDY
	09H45-11H45	STUDY	TECHNOLOGY
10/11 FRI	08H30-10H30	CREATIVE ARTS/ MUSIC	GEOGRAPHY (1½ HRS)
13/11 MON	08H00-09H00	STUDY	STUDY
	09H45-11H45	MATHS	AFRIKAANS P2/ ZULU P2
14/11 TUE	08H00-09H00	STUDY	STUDY
	10H00-12H00	TECHNOLOGY	ENGLISH P4 (1½HRS)
15/11 WED	08H15-10H15	STUDY	STUDY
16/11 THUR	08H00-09H00	STUDY	STUDY
	10H00-12H00	ENGLISH P2	PHYSICAL SCIENCE (1½ HRS)
17/11 FRI	08H30-10H30	LO (1½ HRS)	AFRIKAANS P4 (1½ HRS) / ZULU P4 (1½ HRS)
20/11 MON	08H00-09H00	STUDY	STUDY
	09H45-11H45	GEOGRAPHY (1½ HRS)	MATHS
21/11 TUE	08H00-09H00	STUDY	STUDY
	09H45-11H45	STUDY	LO (1½ HRS)
22/11 WED	08H00-09H00	STUDY	STUDY
	09H45-11H45	HISTORY (1½ HRS)	STUDY
23/11 THUR	08H00-09H00	STUDY	STUDY
	09H45-11H45	STUDY	LIFE SCIENCE (1½HRS)
24/11 FRI	08H15-10H15	PHYSICAL SCIENCE (1½HRS)	CREATIVE ARTS/ MUSIC

## EARLY EXAMS:

17/10/17 (TUE) ALL GRADES: ENGLISH P3

24/10/17 (TUE) ALL GRADES: AFRIKAANS P3/ ZULU P3

ALL PAPERS 2 HRS UNLESS INDICATED OTHERWISE.

# November Examination 2017

DATE	TIME	GRADE 10	GRADE 11
03/11 FRI	09H00	MATHS P1/ MATHS LIT P1	PHYSICAL SCIENCE P1 (3 HRS)
06/11 MON	09H00	MATHS P2/ MATHS LIT P2	PHYSICAL SCIENCE P2 (3 HRS)
07/11 TUE	08H15	ENGLISH P2 (2½ HRS) LO (11H30 – 13H30)	AFRIKAANS P1/ ZULU P1 EGD P1 (3 HRS) (11H00- 14H00)
08/11 WED	08H15	GEOGRAPHY P1 (3 HRS) GEOGRAPHY P2 (1½ HRS) (12H00- 13H30)	LO LIFE SCIENCE P1 (2½ HRS) (11H00 – 13H30)
09/11 THU	08H15	ACCOUNTING (3 HRS)/ MUSIC	ENGLISH P2 (2½ HRS) EGD P2 (3HRS) (11H30 – 14H30)
10/11 FRI	09H00	PHYSICAL SCIENCE P1	MATHS P1 (3HRS) / MATHS LIT P1
13/11 MON	09H00	PHYSICAL SCIENCE P2	MATHS P2 (3HRS) / MATHS LIT P2
14/11 TUE	08H15 11H00	AFRIKAANS P1/ ZULU P1 IT P2 (2 HRS)/ ART P1/ ECONOMICS P1 (2 HRS)	ENGLISH P1 LIFE SCIENCE P2 (2½ HRS)
15/11 WED	08H15	BUS STUDIES (3 HRS)	ACCOUNTING (3 HRS)/ MUSIC (2½HRS)
16/11 THU	08H15	EGD P1	BUS STUDIES (3 HRS)
17/11 FRI	08H30	LIFE SCIENCE P1 (2½ HRS)	HISTORY P1 (3HRS)
20/11 MON	08H15	AFRIKAANS P2/ ZULU P2 ECONOMICS P2 (11H00- 13H00)	HISTORY P2 (3 HRS)
21/11 TUE	08H15	HISTORY (3HRS)	IT P2 (3HRS)/ ART P1/ ECONOMICS P1
22/11 WED	08H15	LIFE SCIENCE P2 (2½ HRS)	GEOGRAPHY P1 (3 HRS) GEOGRAPHY P2 (1½ HRS) (12H00-13H30)
23/11 THU	08H15	EGD P2	ECONOMICS P2
24/11 FRI	08H15	ENGLISH P1	AFRIKAANS P2/ ZULU P2

## EARLY EXAMS:

17/10/17 (TUE) ALL GRADES: ENGLISH P3

24/10/17 (TUE) ALL GRADES: AFRIKAANS P3/ ZULU P3

30/10/17 (MON) GRADE: 10 & 11 AP MATHS

31/10/17 (TUE) IT PRAC GRADE: 10 (8:00 – 11:00) GRADE: 11 (11:30 – 14:30)

ART PRAC GRADE: 10 & 11 (6 HRS)

ALL PAPERS 2 HRS UNLESS INDICATED OTHERWISE.



# Sport & Culture

## From the Head of Extramurals

**MR G. LE ROUX** [gleroux@nwood.co.za](mailto:gleroux@nwood.co.za)

**Deputy Headmaster – Extramurals**

We are extremely proud to announce the selection of more Northwood boys into provincial teams.

In Water Polo, congratulations to the following for being selected to their respective KZN team:

Matthew Bedderson (u19A), Mark Fouche (u19A), Kyle Jones (u19B), Fabien Marais (u16) and Jordan Maehler (u14) have been selected as non-travelling reserves.

In Cricket, well done to the following boys:

Andile Mogakane (U19), Wonder Mtolo (u17), Samkelo Gasa (u17), Kiaron Gopal (u15).

Congratulations boys.

## Fixtures and Tours Term 4

Date	Opposition	Venue
19 - 22 October	Crawford Lonehill u15 Water Polo Tournament St Stithians 1 <sup>st</sup> team Water Polo Tournament	JHB JHB
21 October	Cricket and Basketball	Westville
24 October	Water Polo vs Westville	Westville
26 - 28 October	Grey Bloem u14 Water Polo Tournament	Bloemfontein
28 October	Cricket and Basketball vs Kearsney	Northwood
3 November	Water Polo vs Glenwood	Northwood
4 November	Cricket vs Sunfoil Basketball vs New Forest	Northwood Northwood

## Cricket

### RESULTS VS DHS

1st XI: DHS 73. Northwood 74/0 (S Capell 31 no). Northwood won by 10 wickets.

2nd XI: DHS 93 (J Majola 4/19). Northwood 94/3 (N Deeb 38). Northwood won by 7 wickets.

3rd XI: DHS 77 (S Mendu 3/18). Northwood 78/4 (C Bigwood 41 no). Northwood won by 6 wickets.

4th XI: Northwood 115/2 (T Laaks 56). DHS 52. Northwood won by 63 runs.

u15A: Northwood 261 (H van Heerden 89, B van der Spuy 63). DHS 250. Northwood won by 11 runs.

u15B: DHS 120/9. Northwood 121/0 (V Moodley 63 no, V Mariemuthu 23 no). Northwood won by 10 wickets.

u15C: Northwood 212/2 (A Maharaj 78 no, M Ramdhani 55 no). DHS 24 (R Schafer 5/8). Northwood won by 188 runs

u15D: DHS 85. Northwood 89/4. Northwood won by 6 wickets.

U14A: Northwood 250/4 (J Aziz 107 no, T Capell 49). DHS 129 (D Rodgers 3 /30, A Masood 3/25). Northwood won by 123 runs

u14B: Northwood 107 (T Hungwe 44). DHS 84 (T Hungwe 4/20, J Neil 3/9). Northwood won by 23 runs.

u14C: Northwood 190/3 (A Khan 53 no, T Dwyer 37). DHS 78/8. Northwood won by 112 runs.

### RESULTS COCA-COLA T20

#### Tuesday 17 October 2017

Sunfoil 88/8. Northwood 89/5 (A Mokgakane 31). Northwood won by 5 wickets.

#### Wednesday 18 October 2017

Northwood 182/4 (A Chiradz 78, A Mokgakane 60). Chatsworth 58 (J Martins 3/5). Northwood won by 127 runs.

## FIXTURES FOR WEEK: THURSDAY 19 OCTOBER - WEDNESDAY 25 OCTOBER

DATE	TEAM	OPPOSITION	HOME/AWAY	VENUE	TIME	TRANSPORT	DPT	RTN	COACH	REF/UMPIRE
CRICKET										
20 October	6th	Westville	Home	Smith Oval	14:30	-	-	-	S Baker	S Baker
	15B	Westville	Away	Commons 2	14:30	Ricallan	13:30	17:30	S Swanepoel	S Swanepoel
	15C	Westville	Home	Pollock Oval	14:30	-	-	-	B Payne	B Payne
	14C	Westville	Home	Whitfield Oval	14:30	-	-	-	M Krause	M Krause
	14D	Westville	Away	Pitlochry 1	14:30	Ricallan	13:30	17:30	C Berry	C Berry
	14E	Westville	Away	Atholton Primary	14:30	Northwood	13:30	17:30	J Cowell	J Cowell
	14F	Westville	Away	Pitlochry 2	14:30	Ricallan	13:30	17:30	W Marais	W Marais
21 October	1st	Westville	Home	Smith Oval	9:00	-	-	-	D van Wyk	Union
	2nd	Westville	Away	Bowdens	9:00	Own	-	-	B Gow	B Gow
	3rd	Westville	Away	Commons 1	9:00	Own	-	-	G Kwashie	G Kwashie
	5th	Westville	Home	Crusaders 1	9:00	-	-	-	T Magwaba	T Magwaba
	15A	Westville	Home	Pollock Oval	9:00	-	-	-	D Buckthorpe	D Buckthorpe
	15E	Westville	Home	Northlands Prim	13:30	-	-	-	T Rankin	T Rankin
	14A	Westville	Home	Whitfield Oval	9:00	-	-	-	S Takobza	S Takobza
	14B	Westville	Away	Commons 2	9:00	Own	-	-	W Buckthorpe	W Buckthorpe
WATERPOLO										
19-22 Oct	1st	Tournament	Away	St Stitians - JHB		Northwood	4:30		J Le Roux	
19-22 Oct	u15A	Tournament	Away	Crawford - JHB		Northwood	4:30		H SKinner	
SQUASH										
22 October	1st	WBHS	Home	Crusaders	15:00	Own	-	-	C. Baker	K. Hean
	2nd	WBHS	Home	Crusaders	15:00	Own	-	-	C. Baker	K. Hean
BASKETBALL										
21 October	1st	DHS	Home	Court 1	12:30	-	-	-	Pastor George	Union
	2nd	DHS	Home	Court 1	11:30	-	-	-	E. Haardsvaalt	P. Jansen
	16A	DHS	Home	Court 1	10:30	-	-	-	P. Jansen	E. Haardsvaalt
	16B	DHS	Home	Court 2	9:30	-	-	-	T. Thabiso	S. Gininda
	15A	DHS	Home	Court 1	9:30	-	-	-	E. Haardsvaalt	J. East
	15B	DHS	Home	Court 2	8:30	-	-	-	S. Gininda	T. Thabiso
	14A	DHS	Home	Court 2	11:30	-	-	-	J. East	E. Murphy
	14B	DHS	Home	Court 2	10:30	-	-	-	E. Murphy	S. Naidoo
	14C	DHS	Home	Court 2	12:30	-	-	-	S. Naidoo	J. Parsons
	14D	DHS	Home	Court 1	8:30	-	-	-	J. Parsons	E. Haardsvaalt



