

Thought for the Week

"You need to learn how to select your thoughts just the same way you select your clothes every day. This is a power you can cultivate. If you want to control things in your life so bad, work on the mind. That's the only thing you should be trying to control." ~ Elizabeth Gilbert

From the Headmaster MR P VILJOEN

Northwood has wonderful facilities, traditions, talented staff, strong community support and is performing well across the broad spectrum of educational activities and has had some exceptional principals in its history. I am therefore extremely humbled and honoured to take the reins at a school that has so much to offer and potential for further achievement and development.

I would like to extend my thanks to the Department of Education and the board of governors who have placed their trust in me and given me the opportunity to lead the school. I really look forward to serving the boys, staff, parents, alumni and greater Durban North community. To Mr Rich who served as acting headmaster during the last four months, thank you for your efforts and willingness to serve the school and boys during this phase of transition. Your efforts are greatly appreciated. Thank you also to the Northwood staff, parents and boys who welcomed my family and I so warmly upon our arrival on Thursday.

Well done to our hockey and rugby teams with the strong performances against College on Thursday. It was extremely



exciting to see how competitive our teams were compared to previous seasons. A special word of congratulations to Mr Baker and his coaching staff on being unbeaten in all the A-team hockey fixtures and to the u14 A rugby team for convincingly beating a strong College side. The results bode well for a successful sporting weekend as our boys and staff travel to Parktown on Friday morning.

A reminder of the special parent's assembly on Tueday evening, 8 May at 6pm, where I will be sharing a bit about myself and the way forward for Northwood.

P O Box 20079, Durban North, 4016 Telephone: +27 31 563 6501 Adelaide Tambo Drive, Durban North, 4051Fax: +27 31 564 1898Webpage: www.northwoodschool.co.za



Remembering the Past as we Embrace the Future

We look forward to welcoming Old Boys from all over South Africa and internationally to celebrate their founder school years with our Annual Reunion Weekend and Old Boys Day festivities.

OLD BOYS DAY SATURDAY 26 MAY

RUGBY & HOCKEY VS ST CHARLES CRUSADERS VS VARSITY COLLEGE BEER GARDEN FOOD AND REFRESHMENTS PARKING ON LOWER CAMPUS SPECIAL VISIT FROM SHARKIE JUMPING CASTLE ITINERARY Golf Day, Mount Edgecombe Thursday 24 May 2018

Breakfast and Special Assembly Friday 25 May 2018, 9am to 11am R120

Reunion Dinner Friday 25 May 2018 @ 6pm R280

Old Boys Day Saturday 26 May 2018 - All Day Northwood vs St Charles Crusaders vs Varsity College

BOOKINGS reunion@nwood.co.za

031 563 6501



Dear Northwood Parents

Please join us for a special welcome assembly on

8th May in the School Hall at 6pm.

Our new Headmaster, Mr Viljoen, will introduce himself and address parents on his role as Headmaster of Northwood. The students will have their own welcome assembly on another date with Mr Viljoen, and as such, this event is only for parents.

We look forward to welcoming our Headmaster to the Northwood family.

Yours Sincerely The Northwood School Management Team

The School Of Choice

www.northwoodschool.co.za

From the Counsellor's Desk

MR M RICH (<u>mrich@nwood.co.za</u>) MRS D BUTT (<u>dbutt@nwood.co.za</u>)

SABC CAREER EXPO

We would like to invite you to our High School Career Expo in Association with SABC at WATERCREST Mall on Friday 4 and Saturday 5 May 2018.

The Career Expo includes:

- Tertiary Education Providers & Admission requirements
- Course details, personal explanation
- Career decision making
- Motivational Speakers
- Student Loans Information
- Student Accommodation
- Student Transport
- Career Changes
- Bursaries and job opportunities



You can come as a group or individual. We have inspirational talks, flash mobs, music and lots of other entertainment and prizes to give away.

If you come as a group between 9am and 12pm. We have a stage with motivational speakers at our High Flyers Power Hour to give you inspirational talks. Each group will be entertained for 30 to 40min and then walk around afterwards to speak to each individual stand.

Entrance is FREE for everyone to attend & you get the chance to find out about education. The more the merrier.

Northwood Sports Medical Centre

Reception		031 564 7675	medicalcentrenorthwood@gmail.com
Homeopath	Dr Colette Kell	073 019 9799	colette.kell@gmail.com
Chiropractor	Dr Michael Wiggett	071 485 5201	michael@chiro.durban
Psychologist	Shannon Ownhouse	072 737 1610	shannonownhouse@gmail.com
Physiotherapist	Ashleigh White	071 607 0883	physioajwhite@hotmail.com
Sports Massage	Tamryn Currin	078 522 6892	tammycurrin87@gmail.com



We appreciate the fact that as many responsibilities as you have, your child always comes first. We also understand this can get tricky when it comes to ensuring that there's a healthy and nutritious lunch waiting for your child at break every day.

A well-fed child is more mentally and physically ready to take in all they need to learn. It's with this need in mind that we've developed the free-to-download, easy to use app that allows even the most time-pressed

parent peace of mind that their loved one is being fed well with our Taptuck app.

Through **Taptuck** you can pre-order and pay for healthy meals from the tuckshop at your child's school. The innovative system eliminates the need for children to carry money, and also assists the tuckshop convenor with their planning and preparation, helping to make sure that every child's meal is freshly prepared and that he has time to enjoy their meal before the bell rings. Added peace of mind is our real-time redemption push notification, letting you know that your child is about to have some brain food while you get on with everything else you need to do before the day is done.

So let life get a littler simpler, download **Taptuck** today and have one less thing to worry about in the mornings.

To find out more go to <u>www.taptuck.co.za</u> or get your leaflet with QR sticker at the tuckshop to sign up.

Smalls

These mini adverts are put in as a community service and are not specifically endorsed by Northwood.

LIFT CLUB: Looking for a lift from school to Queensburgh / Malvern, 2-3 afternoons a week after school (no sport). Can assist with 1-2 days in return (after sport) or contribute towards petrol. Please contact Cleo - 08922536



GET THE RIGHT MUSICAL START WITH CELEBS MUSIC LESSONS! Group or individual lessons R150 per hour per week (or less for groups) in guitar, bass guitar, keyboard and piano, vocal coaching and drums (djembe and full kit). Catering for ages 4 years old and up in the Durban North community, we offer a beginners curriculum in child and adult music lessons with a focus on music theory, creativity as well as the individual's own songs. Lessons are held at the student's house or in our music room in Durban North. Contact Brandon on 083 260 1733 or email <u>kayat b@hotmail.com</u> for more information. Let us help you reach you full potential!

PERSONALISED DOORMATS: contact Kerry 0825555758 To see samples and prices go to the Facebook Page: Doormat's 4 U The link is https://www.facebook.com/custommadematsdurban/

DELICIOUS HOME BAKED GOODIES: Contact Tamsyn Edgcumbe on 083 775 0575; on Facebook page with prices Tammy Joy or by email on <u>Tamsyn3@hotmail.com</u>.

LIFTS TO AND FROM SCHOOL: Contact Shane Bennett for details on 084 600 7003.

VIRGINIA CIRCLE OPTOMETRIST are offering **FREE EYE TESTING** to pupils of Northwood School until 30 April 2018. We are situated at the Virginia Circle Checkers, 4 Mackeurtan Place. If you wish to make an appointment you can contact us on 031 811 5965.

BRETHREN BARBER now at **CROP** hair salon. Gents cuts, kiddies cuts, shaves, beards and more. Walkins welcome. 36 Newport Avenue (next to Porters). Call 031 572 4595

MATHEMATICS TUITION: Maths tuition provided on a 1 on 1 basis to learners from Grade 10 to Grade 12, by a seasoned Mathematics educator situated on the Berea. If keen, please contact Z. Lockhat on 082 651 2880.

Important Dates

Term 2 SUBJECT TO CHANGE

14Day	Dat	es		Eve	nt	Venue
Wed	02				Cross Country	Amanzimtoti
Thurs	03				Knights Gathering (TBC)	Pretoria
Sat	05				Rugby, Hockey, Chess, Tennis & Squash vs Parktown	Johannesburg
Wed	09				Cross Country	Crawford
Sat	12				Rugby & Hockey vs Michaelhouse	Michaelhouse
Wed	16				Cross Country	Hillcrest
Wed	17	to	18		Northwood presents "So You Think You Can Sing"	School Hall
Sat	19				Rugby & Hockey vs Clifton	Northwood
Wed	23				Cross Country	Waterfall
Thurs	24	to	26		Reunion Weekend	Northwood
Sat	26				Rugby & Hockey vs St Charles – Old Boys Day	Northwood
Wed	30				Cross Country	Amanzimtoti
JUNE						
Sat	02				Rugby & Hockey vs St Benedict's	Northwood
Mon	04				Midyear Exam Start	Northwood
Sun	10				Comrades Marathon	
Sat	16				Youth Day	
Fri	22				End of Term 2	
Fri	22	to	26		1 st Team Soccer Tournament	DHS/Kloof
Mon	25	to	07		Cultural Tour	USA
JULY						
Tues	17				School Reopens	

From the Head of Academics

MRS R STANLEY Email: rstanley@nwood.co.za

A FEW FUN QUESTIONS TO ASK YOUR SON You may be surprised by his answers ⁽²⁾

Which super power would you like to have?

Where would you go in a time machine?

Which is your favourite quote?

What would you do if you won the lottery?

Why are manhole covers round?

Describe your life using film titles.

What would your autobiography be called?

-CHANGE-IS A NECESSARY PART OF LIFE. BE WILLING TO SURRENDER WHAT YOU ARE FOR WHAT YOU COULD BECOME.

WWW.LIVELIFEHAPPY.COM

EXTRA LESSONS TIMETABLE

	GRADE 8	GRADE 9	GRADE 10	GRADE 11	GRADE 12
MON	SPORT	SPORT	Maths Mrs Evans/ Mrs le Roux Afrikaans Mrs v/d Westhuizen	Maths Mrs Scott Afrikaans Mr Jankeeparsad Life Science Mrs Morton	English Mrs Ganesh Life Science Dr Pillay
TUES	Maths Mr Blake/ Mr Hosking English Mr Hale	Maths Mrs Munnik Life Science Mrs Morton	SPORT	SPORT	SPORT
WED	SPORT	SPORT	English Mr McDowall Life Science Mr Robertson		Life Science Mr Robertson Afrikaans Mr Harishun
THURS	Afrikaans Mr Nielsen Maths Mrs Sander	Afrikaans Ms Coetzee English Mr Halse Maths Ms Bristow	SPORT	SPORT	SPORT
			Acc/BusSt/Econ See Mrs Raftopoulos Maths Lit See Mrs Sander	Acc/BusSt/Econ See Mrs Raftopoulos Maths Lit See Mrs Sander	Acc/BusSt/Econ See Mrs Raftopoulos Maths Lit See Mrs Sander

JUNE EXAMINATION 2018

DATE	TIME	GRADE 8	GRADE 9
TUES 29/05	08h15-10h15	EMSs	Maths
	11h15-13h15		Creative Arts/ Music
WED 30/05	08h15-10h15	Afrikaans P1/ IsiZulu P1	Technology
THU 31/05	08h15-10h15	Life Sciences (1½ Hrs)	Geography (1½ Hrs)
FRI 01/06	08h30-10h30	Technology	History (1 ¹ / ₂ Hrs)
	08h15-10h15	Maths	Afrikaans P2/ IsiZulu P1
TUE 05/06	11h15-13h15		Life Sciences (1½ Hrs)
WED 06/06	08h15-10h15	English P2	Physical Science (1 ¹ / ₂ Hrs)
THU 07/06	08h15-10h15	Creative Arts/ Music	EMS
FRI 08/06	08h30-10h30	Geography (1½ Hrs)	English P4 (1½ Hrs)
MON 11/06	08h30-10h30	Physical Science (1½ Hrs)	English P2
TUE 12/06	08h15-10h15	History (1½ Hrs)	Afrikaans P4 (1½ Hrs)/ IsiZulu P4 (1½ Hrs)

NOTE:

3 May	English P3	2 Hrs
8 May	Afrikaans/IsiZulu	2 Hrs
15 May	LO	1½ Hours

All papers 2 Hrs unless indicated otherwise.

JUNE EXAMINATION 2018

DATE	TIME	GRADE 10	GRADE 11	GRADE 12
	08h15	English P2 (2½ Hrs)	Maths P1/ Math Lit P1 (1½ Hrs)	Afrikaans P1/ IsiZulu P1
29/05 TUE		Life Sciences (2½ Hrs) (11h30 – 14h00)	Accounting (3 Hrs) (11h00 -14h00) Music (2½Hrs) (11h00 – 13h30)	Physical Science P1 (11h00 – 13h00)
30/05	08h15	IT P2/ Art P1/ Econ P1 (1½ Hr)	Geography P1 (3Hrs)	English P2 (2½ Hrs)
WED			Geography P2 (1½ Hrs) (12h00-13h30)	Bus. Studies (3 Hrs) (11h30 – 14h30)
	08h15	Afrik P1/ IsiZulu P1	English P2 (2½ Hrs)	Afrikaans P2/ IsiZulu P2
31/05 THU		Bus. Studies (11h00- 13h00)	History (3 Hrs) (11h30 – 14h30)	IT P2 (3 Hrs) /Art P1 (3 Hrs) (11h00 – 14h00) Economics P1 (11h00 – 13h00)
01/06 FRI	08h30	Physical Science P1	Maths P2/ Math Lit P2 (1½ Hrs)	Accounting (3 Hrs)/ Music (3 Hrs)
05/06	08h15	English P1	Physical Science P1	* EGD P1 (2½ Hrs)
TUE		Accounting/ Music (11h00 – 13h00)		History P1 (11h30 – 13h30)
06/06	08h15	History	Afrikaans P1/ IsiZulu P1	English P1
Wed		Economics P2	Economics P1 / IT P2/ Art P1	
		(11h30 – 13h30)	(11h00 – 13h00)	Physical Science P2
07/06	08h15			Physical Science P2 Geography P1 (3 Hrs)
07/06 THU	08h15 11h00	(11h30 – 13h30)	(11h00 – 13h00)	- -
		(11h30 – 13h30) Geography P1 Geog P2 (1½ Hrs)	(11h00 – 13h00) Afrikaans P2/ IsiZulu P2 * EGD P1	Geography P1 (3 Hrs) Geography P2 (1½ Hrs)
THU 08/06	11h00	(11h30 – 13h30) Geography P1 Geog P2 (1½ Hrs) (11h00 – 12h30)	(11h00 – 13h00) Afrikaans P2/ IsiZulu P2 * EGD P1 (11h00 – 13h00) * EGD P2	Geography P1 (3 Hrs) Geography P2 (1½ Hrs) (12h00- 13h30) * Maths P1 (2½ Hrs)/ *
THU 08/06 FRI	11h00 08h30	(11h30 – 13h30) Geography P1 Geog P2 (1½ Hrs) (11h00 – 12h30) Physical Science P2	(11h00 – 13h00) Afrikaans P2/ IsiZulu P2 * EGD P1 (11h00 – 13h00) * EGD P2 (9h00 – 11h00)	Geography P1 (3 Hrs) Geography P2 (1½ Hrs) (12h00- 13h30) * Maths P1 (2½ Hrs)/ * Math Lit P1 * Maths P2 (2½ Hrs)/ *
THU 08/06 FRI 11/06 MON 12/06	11h00 08h30	(11h30 – 13h30) Geography P1 Geog P2 (1½ Hrs) (11h00 – 12h30) Physical Science P2 * EGD (3Hrs) * Maths / Math Lit P1 (1 Hr) (08h15 – 09h15)	(11h00 – 13h00) Afrikaans P2/ IsiZulu P2 * EGD P1 (11h00 – 13h00) * EGD P2 (9h00 – 11h00) Physical Science P2 Economics P2	Geography P1 (3 Hrs) Geography P2 (1½ Hrs) (12h00- 13h30) * Maths P1 (2½ Hrs)/ * Math Lit P1 * Maths P2 (2½ Hrs)/ * Math Lit P2 Economics P2 (11h45 – 13h45) Life Sciences (2½ Hrs)
THU 08/06 FRI 11/06 MON	11h00 08h30 08h30	(11h30 – 13h30) Geography P1 Geog P2 (1½ Hrs) (11h00 – 12h30) Physical Science P2 * EGD (3Hrs) * Maths / Math Lit P1 (1 Hr)	(11h00 – 13h00) Afrikaans P2/ IsiZulu P2 * EGD P1 (11h00 – 13h00) * EGD P2 (9h00 – 11h00) Physical Science P2 Economics P2 (11h00 – 13h00)	Geography P1 (3 Hrs) Geography P2 (1½ Hrs) (12h00- 13h30) * Maths P1 (2½ Hrs)/ * Math Lit P1 * Maths P2 (2½ Hrs)/ * Math Lit P2 Economics P2 (11h45 – 13h45)

THOSE EXAMS INDICATED IN RED (*) ARE DEPARTMENT OF EDUCATION PAPERS

EARLY EXAMS:

DATE	GRADE 10	GRADE 11	GRADE 12
3 May	Afrikaans/IsiZulu P3 (3 Hours)	English P3 (3 Hours)	Afrikaans/IsiZulu P3 (21/2 Hrs)
8 May	English P3 (3 Hours)	Afrikaans/IsiZulu P3 (3 Hours)	English P3 (3 Hours)
15 May	LO (1 Hours)	LO (1 ¹ / ₂ Hours)	LO (1½ Hours)
22 May	Art Prac / IT Prac	Art Prac / IT Prac	Art Prac
23 May			IT Prac
119 June	AP Maths	AP Maths	AP Maths

All papers 2 hrs unless indicated otherwise.

Sport & Culture

From the Head of Extramurals

Mr G. Le Roux <u>gleroux@nwood.co.za</u> Deputy Headmaster – Extramurals

Starting on Thursday afternoon and late into Thursday night, Northwood was a hive of activity as we welcomed Maritzburg College for a great fixture under lights. What a night it turned out to be. Both our u14A Rugby and Hockey set the tone with dominant wins which fuelled the bellies of the higher age groups to turn the tables on what has always been a very tough fixture in the past. And boy did the men arrive on the day. All our teams played with such courage and determination, it was fantastic to see their passion and pride for the school show the way it did. Our rugby boys put their bodies on the line and never gave up, with our u15A boys being 0-19 down at half time, and not allowing them to score a single point in the second half. Our u16A and 1st Team went down by a single try on a night where we could have won both with a bit of luck going our way. Our hockey boys did exceptionally well with our 2nd Team finishing level. Both our u16A and 1st Teams did exceptionally well to go 1-0 up in their games only to both concede a goal in the dying minutes of each game to finish level and go undefeated at that "A/1st" level on the day. This is one of the most competitive days I have witnessed at Northwood and, as staff, we are extremely proud of the way our boys are playing at the moment. Ignore the score lines, it's the passion, the drive to fight to the end and the pure determination of our boys that has just been amazing. Well done to all staff, boys and parents involved and thanks for the many hours behind the scenes so far this season.

On Friday, just under 400 boys in 8 busses depart Northwood to Parktown Boys High School for our annual fixture.

	Teams	Meet Time	Depart Time	Staff on Duty
Bus 1	Hockey 14A, 14B, 14C	04:45	05:00	Baker, de Marigny, Bird
Bus 2	Hockey 1st, 2nd, 16A	06:45	07:00	Thomas, Capell, Mchunu
Bus 3	Rugby 1st, 2nd, 3rd	06:45	07:00	Sorensen, Grant, Vickers, Jansen
Bus 4	Rugby 16A (forwards), 16B, 16C, 15A	06:45	07:00	Richter, G. Le Roux, Scruby
Bus 5	Hockey 3rd, 4th, 16B, 16C	06:45	07:00	McIlroy, Hayden, Rademeyer
Bus 6	Rugby 14A, 14B, 14C	06:45	07:00	Nelani, Krause, Marais
	Rugby 16A (backs)15B, 15C			Sibhoka, Van Der Meijden,
Bus 7	Hockey 16D	06:45	07:00	J. Le Roux
NW Bus	Chess, Tennis, Squash	06:45	07:00	Reddy, Theron, Nkomo

Please note departure times below, which have changed from what was initially stated:

Good luck to all boys involved and let's continue to play in the same spirit we have started to demonstrate of late.

All fixture details can be found at www.northwoodschoolsport.com

Fixtures TERM 2

Date	Opposition	Venue
5 May	Rugby/Hockey/Squash/Tennis/Chess vs Parktown	Parktown
9 May	Cross Country hosted by Crawford	Crawford
12 May	Rugby/ Hockey vs Michaelhouse	Michaelhouse
16 May	Cross Country hosted by Curro Hillcrest	Hillcrest
19 May	Rugby/ Hockey vs Clifton/ George Campbell	Northwood
23 May	Cross Country hosted by Waterfall College	Waterfall
26 May	Rugby/Hockey vs St Charles – OLD BOYS DAY	Northwood
30 May	Cross Country hosted by Amanzimtoti High	Amanzimtoti
2 June	Rugby/Hockey/Squash/Tennis/Chess vs St Benedict's	Northwood
6 June	Cross Country hosted by Kearsney	Hillcrest





Hockey Results vs Maritzburg College

14A won 2-0 16A drew 1-1 2nd drew 1-1 1st drew 1-1 **Rugby Results vs Maritzburg College** u14A won 36 - 28 u15A lost 0 - 19 u16A lost 24 - 31 1st XV lost 6 - 10

Squash

The 1st Squash Team took on Glenwood on Wednesday 2 May at Glenwood. Ethan Klebe, James McIlwraith and Nasser Cassim beat their opponents 3 - 0 with Nick Wright losing a tough battle. Northwood won 10 games to 3.

The 2nd Team travelled to Kearsney for their fixture. Rahul Mohanlall and Keegan McIlroy beat their opponents comfortably 3 games to 1. Russell Littleton had a difficult start but he came back from 0 - 2 down to win 3 games to 2. Final score Northwood won 9 games to 7.

Well done, boys.

The 3rd Team plays on Thursday.

Cross Country

RESULTS: League Run 1: held at Virginia Soccer Club

U15:	131 Athletes	O. Nkosi (10 th)	A. Stevens (50 th)	
U17:	135 Athletes	D. Goodwin (7 th)	M. Mfeka (10 th)	
U19:	135 Athletes	M. Moyo (3 rd)	L. Ngubane (25 th)	J. Theron (40 th)