

Thought for the Week

"If you want something said, ask a man; if you want something done, ask a woman." ~ Margaret Thatcher

From the Headmaster

MR P VILJOEN

Many of you will be aware that we recently recognised our Top 10 achievers and celebrated those boys who has shown the biggest margins of improvement during the recent exam term. This is the start of a wonderful new tradition and certainly places emphasis on academic achievement and progress.

During that morning, I spoke to the boys and parents about instant gratification and how that links to what is expected in the current environment in which our boys are brought up. I would like to share an extract of that message with all our boys and parents below.

"We live in a society where all the expectations are that all actions must lead to immediate results, consequences or reciprocation. Instant gratification dominates our lives – just yesterday I was extremely agitated when my wife did not respond to my Whatsapp message, when the bank did not send my proof of payment immediately, or heavens forbid that the wi-fi signal is lost for an instant.

Instant gratification; It's a natural human urge to want good things and to want them NOW. It has almost certainly provided an evolutionary advantage for humans and their ancestors, as life for pre-modern humans hinged on decisions made and actions taken in the immediate far more than those intended for long-term gain.

The flip side of instant gratification is delayed gratification, or the decision to put off satisfying your desire in order to gain an even better reward or benefit in the future. And here in lies my message this morning.

Each one of you boys being recognised this morning share one common trait – you have, through your own common sense, the support of your parents, teachers, or your God, realised that success is not instant, that one does not need to be super talented, exceptional or even incredibly gifted – it is simpler than that – absolute dog-like determination, painstaking effort, an absolute commitment to hard work and a resilience to deal with whatever comes our way is often enough. That is why you are here and that is why whether you have improved or achieved, you will be recognised this morning.

There is clearly something inside you that drives you to be successful, qualities that will stand you in great stead in the future, and I have no doubt, will drive you to even greater heights.

I also want to remind you this morning that one of the most important virtues of a Knight and as such those of a Northwood boy is humility. Yes, you have achieved and yes, you have absolute reason to celebrate, and to be proud... but please do so humbly. Those qualities will certainly separate you from the rest, and will, along with your achievement, earn you the respect of your peers.

| P O Box 20079, Durban North, 4016 | Adelaide Tambo Drive, Durban North, 4051 | | |
|-----------------------------------|--|------------------------------------|--|
| Telephone: +27 31 563 6501 | Fax: +27 31 564 1898 | Webpage: www.northwoodschool.co.za | |

From the Headmaster Continued...

I would like to congratulate each of you on what you have achieved. To the parents, thank you for intrusting your most precious possession, your child, to us. And to the staff, thank you for the contribution you make to these young men's lives every day. Success is best achieved through working together, and I believe that the successes we celebrate today is certainly the result of a team effort.

I trust all of you will find some value in the above.

Have a blessed week.

Important Notice

PROCEDURES

Early Exit: If you need to take you son out of school early for regular reasons such as doctors or dentist appointments, please ensure that your son comes to school with a note and brings it directly to the back office first thing in the morning. Also, ensure that he is aware of what time he needs to meet you. He must show his exeat to his teacher and leave class as quietly as possible so as not to disturb the other learners. **WE WILL NOT CALL LEARNERS OUT OF CLASS as it disrupts lessons**.

If you have to take your son out of school unexpectedly, please speak to Mr Viljoen, the Headmaster.

If your son becomes ill at school, he must come to the back office, where the secretaries will direct him to what he needs to do and then **THEY** will call a parent. **YOUR SON MAY NOT CALL YOU DIRECTLY**. Learners will not released to anyone other than the legal guardian unless arrangements have been made with one of the ladies in the back office, Mrs Dreyer, Mrs Foxcroft or Mrs de Sousa.

Late Comers: Please send your son with a note to say why his late when he comes to school late.

THE MONEY OFFICE

Please note that the cash office is closed from 2:30 every day.

Smalls

We offer the facility of these mini adverts as a community service and they are do not specifically endorsed by Northwood.





MATHS: Grade 8 & Grade 9 Group Tuition Saturday mornings. Problem Sections of the syllabus. Limited space. Starts Saturday 25 August Contact Greg Bodill 082 8770 300 /email bodilleducation@absamail.co.za Website: www.boded.co.za Facebook: Bodill-Education

FIRST AID: If you have a function or event where a qualified first aider is required, contact Daveno Proudfoot on 067 027 5971. Daveno is Grade 3 qualified and is available weekends, afternoons and any time during holidays.

MATHEMATICS TUITION: Maths tuition provided on a 1 on 1 basis to learners from Grade 10 to Grade 12, by a seasoned Mathematics educator situated on the Berea. If keen, please contact Z. Lockhat on 0826512880.

From the Counsellor's Desk

MR M RICH (mrich@nwood.co.za)

COUNSELLORS: MRS D BUTT (<u>dbutt@nwood.co.za</u>) MRS REDDY (<u>sreddy@nwood.co.za</u>)

GRADE 9 SUBJECT CHOICE

Reminder to all Grade 9 learners that they must hand in their subject choice forms by tomorrow, Friday 19 August

GRADE 11 WORK EXPERIENCE

Reminder to all Grade 11 learners that they need to organise their Work Experience for the end of the term from 26 - 28 September.

VARSITY COLLEGE CAMPUS OPEN DAY

Spend a day in the life of a student. Durban North (031) 573 2038 Westville (031) 266 8400 Saturday 25 August 9am to 1pm



VEGA GAME DESIGN EVENT For Grade 9 to 12

Vega will be hosting a Game Design event for grade 9 to 12 learners providing them with an introduction to Game Design. The event will be hosted by lecturers who teach their BCIS degree in Game Design and Development, ideal for gaming enthusiasts wanting to learn how to design a game.

They can only accommodate **30 students so RSVP as soon as possible.** This workshop is free of charge.

For more information please see Mr Gebreab.

ETA OPEN DAYS Find your future in Sports & Fitness

ETA College will be holding open days on 25 August 2018 29 September 2018 R08 December 2018

Human Performance Institute, Moses Mabhida Stadium, Isaiah Ntshangase Road, Durban Telephone 031 701 8921 / 079 522 2327 or email <u>durban@etacollege.com</u>.

SKYY AVIATION ACADEMY FINAL OPEN DAY

Skyy Aviation Academy are hosting their final open day for 2019 enrolments to which both students and parents are invited at no cost. Date: Saturday, 18 August 2018 Venue: Skyy Aviation Academy, 3rd Floor, 17 Buro Crescent, Mayville, Durban Telephone No: 031-2072055

Students must contact their offices and make bookings to secure a space for the above.









JUNIOR SOCIAL WITH DJ DANIEL ISRAEL

GRADE 8, 9 & 10's ONLY (ALL SCHOOLS WELCOME) FRIDAY 24 AUGUST 6PM TO 10:30PM



www.northwoodschool.co.za

Important Dates

| DAY | | TES | | EVENT | VENUE |
|---------------------|-----|-----|----------|--|-----------------|
| DAY DATES AUGUST | | | | VENUE | |
| Fri | 17 | [| <u> </u> | Closing Date for Subject Choice forms | Northwood |
| Fri | 17 | | | Soccer Interhouse | Northwood |
| Tues | 21 | | | Sports Photo Day | School Hall |
| Wed | 22 | | | Eid | |
| Fri | 24 | | | Grade 8 – 10 Social | |
| Sat | 25 | | | Soccer vs Westville | Home |
| Sat | 25 | | | Grade 11 Dance | |
| Fri | 31 | | | 2019 Prefects Announced | School Hall |
| Fri | 31 | | | Quadrangular Athletics | Northwood |
| SEPTEM | | | | | Horanood |
| Sat | 1 | [| | Soccer vs Hilton | Hilton |
| Sun | 2 | | | Soccer 5-a-side Tournament | Kloof |
| Mon | 03 | | | Prefects Tie Ceremony | Jubilee Room |
| Mon | 03 | | | Matric Trials Start | Northwood |
| Sat | 08 | | | Maritzburg College | Northwood |
| Mon | 24 | | | Heritage Day | |
| Thurs | 27 | | | Sport, Culture & Service Award Banquet | School Hall |
| Fri | 28 | | | End of Term 3 | |
| Fri | 28 | to | 02 | Shaun Pollock u14 Cricket Festival | Northwood |
| Fri | 28 | to | 09 | 1 st Team Cricket Michaelmas Week | |
| Fri | 28 | to | 02 | u16 Kookaburra Festival | |
| Fri | 28 | to | 02 | 1 st Team Grey College Soccer Tournament | Bloemfontein |
| Fri | 28 | to | 01 | 1 st Team Waterpolo SACS Tournament | Cape Town |
| Fri | 28 | to | 02 | u14 Hilton Waterpolo Tournament | Hilton |
| OCTOBE | R | | | | |
| Thurs | 04 | to | 07 | u16 DHS Waterpolo Tournament | DHS |
| Tues | 09 | | | School Reopens | |
| Tues | 09 | | | Prefect's Dinner | Jubilee Room |
| Fri | 12 | | | Speech Day | School Hall |
| Thurs | 18 | to | 21 | 1 st Team Stayers Waterpolo Tournament St Stithians | Johannesburg |
| Thurs | 18 | | 21 | u15 Crawford Lonehill Waterpolo Tournament | Johannesburg |
| Fri | 19 | | | Marketing Fundraiser (TBC) | |
| Thurs | 25 | to | 28 | u14 Grey College Waterpolo Tournament | Bloemfontein |
| Fri | 26 | | | BE Year End Function | John Bruyns Hse |
| NOVEME | BER | | | | |
| Wed | 07 | | | Diwali | |
| Fri | 09 | | | Remembrance Day | |
| Fri | 23 | | | Sardine Run | |
| DECEME | BER | | | | |
| Wed | 12 | | | School Closes for Learners | |
| Fri | 14 | | | School Closes for Staff | |



DAY

PICTURE Sports Photo Day!

School Sports photos will take place on TUESDAY 21 AUGUST.

From the Head of Academics

MRS R STANLEY

Email: rstanley@nwood.co.za

Reinforcement Lessons

These Friday lessons are compulsory to attend if the target mark set for a Control Test was not reached. The problem areas from the test are identified and reinforced. Parents will be sent an sms to inform them of the lesson.

EXTRA LESSONS TIMETABLE

| | GRADE 8 | GRADE 9 | GRADE 10 | GRADE 11 | GRADE 12 |
|-------|---|--|--|--|--|
| MON | SPORT | SPORT | Maths Lit: Mrs Evans/Mrs Butt Maths: Mrs le Roux Afrikaans: Mrs v/d Westhuizen Life Sciences: Mrs Morton | Maths Lit: Mrs Evans Maths: Mrs Scott Afrikaans: Mr Jankeeparsad Life Sciences: Mrs Morton Physical Science: Mrs Reddy | English: Mrs Ganesh Life Sciences: Dr Pillay Physical Science: Mrs Ramseook |
| TUES | Maths: Mr Hosking English: Mr Hale | Maths: Mrs Munnik Life Science: Mrs Morton | SPORT | SPORT | SPORT |
| WED | SPORT | SPORT | English Mr McDowall | English Mr Pillay | Life Science Mr Robertson Afrikaans Mr Harishun |
| THURS | Afrikaans Mr Nielsen Maths Mrs le Roux | Afrikaans Mrs Prins English Mr Halse Maths Ms Bristow | SPORT | SPORT | SPORT |
| | 1 | 1 | Acc/BusSt/Econ See Mrs Raftopoulos | Acc/BusSt/Econ See Mrs Raftopoulos | Acc/BusSt/Econ See Mrs Raftopoulos Maths Lit See Mrs Evans |

CONTROL TESTS AND REINFORCEMENT LESSON DATES – TERM 3

| TEST DATE | GRADE 8 | GRADE 9 | GRADE 10 | GRADE11 | GRADE 12 | REINFORCE- MENT LESSON DATE |
|--------------|----------|-----------|-----------------|-------------------------|-----------------|-----------------------------------|
| 21 Aug | Life Sci | Geog | Phys Sci P1 | EGD | Bus Studies | 31 Aug |
| 24 Aug | Geog | Afri/Zulu | English | Maths/Maths Lit | Maths/Maths Lit | 07 Sept |
| 28 Aug | EMS | Tech | Maths/Maths Lit | Bus Studies | Life Science | 14 Sept |
| 30 Aug | | | | | Phys Sci Prac** | |
| 31 Aug | Phys Sci | Maths | Life Science | Phys Sci P2 | | 21 Sept |
| 04 Sept | English | Phys Sci | Bus Studies | English | | TBC |
| 05 Sept | | | Phys Sci Prac** | Phys Sci Prac** | | |
| 06 Sept | | | Economics* | Economics* | | |
| 07 Sept | Maths | History | EGD | Phys Sci P1 | | TBC |
| 10 Sept | | | | Accounting* History* | | |
| 11 Sept | Tech | EMS | Phys Sci P2 | History | | TBC |
| 12 Sept | | | Life Sci Prac** | | | |
| 18 Sept | | | | Life Sci Prac* | | |



PHYSICAL SCIENCE EXTRA LESSON TIMETABLE

Every Monday immediately after school.

| | MRS RAMSEOOK GRADE 12 | MRS REDDY GRADE 11 | MR BODALIA GRADE 10 |
|--------------|----------------------------|--|------------------------|
| 20 August | Vertical Projectile Motion | Stoichiometry Percentage yield/purity | Stoichiometry |
| 27 August | Organic Reactions | Electrostatics | Graphs of motion |
| 03 September | | Electricity/Ohms Law | Mechanics |
| 10 September | | | Mechanics |

Matric Trial Exams 2018

Please note the changes to the Matric Trial exam timetable

| DATE | 9:00 | 14:00 |
|---------------|---|-----------------------------------|
| Mon 03 Sept | LO (2 Hrs) | |
| Tues 04 Sept | **English P3 (2½ Hrs) | |
| Wed 05 Sept | **Afrikaans P3/ | |
| | **Zulu P3 (2½ Hrs) | |
| Thurs 06 Sept | **English P2 (2½ Hrs) | |
| Fri 07 Sept | **Afrikaans P2/ **Isizulu P2 (2 Hrs) | **Art P1 (2 Hrs)/ **IT P2 (3 Hrs) |
| Mon 10 Sept | **English P1 (2 Hrs) | |
| Tues 11 Sept | Geography P1 (3 Hrs) | Geography P2 (1½ Hrs) |
| Wed 12 Sept | Life Science P1 (2 ¹ / ₂ Hrs) | |
| Thurs 13 Sept | Accounting (3 Hrs)/ **Music (3 Hrs) | |
| Fri 14 Sept | Physical Science P1 (3 Hrs) | |
| Mon 17 Sept | Physical Science P2 (3 Hrs) | |
| Tues 18 Sept | History P1 (3 Hrs) | EGD P1 (3 Hrs) |
| Wed 19 Sept | Maths P1 (3 Hrs)/ Maths Lit P1 (3 Hrs) | Economics P1 (2 Hrs) |
| Thurs 20 Sept | History P2 (3 Hrs) | Business Studies (3 Hrs) |
| Fri 21 Sept | Maths P2 (3 Hrs)/ Maths Lit P2 (3 Hrs) | |
| Mon 24 Sept | HERITAGE DAY | |
| Tues 25 Sept | Life Science P2 (2 ¹ / ₂ Hrs) | Economics P2 (2 Hrs) |
| Wed 26 Sept | **Afrkaans P1/ **Isizulu P1 (2 Hrs) | EGD P2 (3 Hrs) |

EARLY EXAMS:

29 Aug**Art P2 (6 Hrs) & **IT P1 (3 Hrs) 31 Aug**AP Maths

* In Class time

** Practical Exams

NOTE: All exams are provincially set, except for those internal papers indicated by (**)

Sport & Culture

From the head of Extramurals

Mr G. le Roux gleroux@nwood.co.za **Deputy Headmaster: Extramurals**

Well done to the following boys for their outstanding performance in our recent Interhouse Athletics Day. The best performers in each age group were as follows:

- U14 Best performer-Adam Chislett: first in 3000m, first in the 1500m and first in the 800m. •
- U15 Best performer-Tadiwanashe Kavhura: first in long jump, first in 800m and second in 100m sprint. •
- U16 Best performer-Dylan Ferreira: first in long jump, first in 1500m and first in 800m. •
- U17 Best performer- Keane Fourie: first in long jump, first in triple jump and first in 100m sprint. •
- U19 Best performer-Macmillan Mudara: first in long jump, first in discuss and first in the 100m sprint •

Junior Victor Ludorum- with 3 first place finishes- Adam Chislett Senior Victor Ludorum- with a 3 first place finishes, and a relay gold- Keane Fourie

Congratulations to all athletes that were involved.

Summer fixtures for Term 3/4 have been published. Please see below and ensure that your son is available for his respective team for the duration of the season. Please ensure extra lessons, family getaways and the like do not conflict with these fixtures. Please also use the link below to view these fixtures on SOCS: https://www.socscms.com/socs/documents/SSPResources/eb05a5e1-4712-4124-9138-06a422dce535.pdf

For all extra mural details with regards to fixtures, notices, practice times and transport arrangements please visit www.northwoodschoolsport.com. Remember to create a shortcut on your home screen of your mobile device for a very user friendly version of the site.

| IERIVIS SAIND 4 | | |
|-----------------|--|--------------------|
| DATE | OPPOSITION | VENUE |
| 9 Sept | U14A Cricket vs SACS | Home |
| 15 Sept | Cricket, Water Polo, Basketball vs Maritzburg College | Home |
| 19 Sept | 2 nd , u15B, u14B Cricket vs Curro Hillcrest | Home |
| 21 – 24 Sept | 1 st Cricket @ Noord/Suid Tournament | Pretoria |
| 22 Sept | Cricket, Water Polo, Basketball vs Glenwood | Home |
| 28 Sept – 1 Oct | U14A and u15A Water Polo | Michaelhouse |
| 28 Sept – 2 Oct | 1 st Water Polo @ SACS Polo Tournament | Cape Town |
| 28 Sept – 2 Oct | U14A Cricket @ Shaun Pollock Cricket Festival | Home |
| 28 Sept – 2 Oct | 1 st Cricket @ Michaelmas Cricket Festival | Maritzburg College |
| 29 Sept – 3 Oct | 1 st Soccer @ Grey College Soccer Tournament | Bloemfontein |
| 13 Oct | Cricket, Water Polo, Basketball vs Westville | Home |
| 18 – 21 Oct | 1 st Water Polo @ St Stithians Stayers Tournament | Johannesburg |
| 18 – 21 Oct | U14A Water Polo @ Grey College Tournament | Bloemfontein |
| 20 Oct | Cricket, Water Polo, Basketball vs Kearsney | Home |
| 27 Oct | Basketball vs Clifton | Home |
| 26 – 27 Oct | Cricket and Water Polo vs Grey College | Bloemfontein |
| 3 Nov | Cricket, Water Polo, Basketball vs St Charles | Home |

Summer Fixtures TERMS 3 AND 4

For all extra mural details about all fixtures, notices, practice times and transport arrangements please visit www.northwoodschoolsport.com. Remember to create a shortcut on your home screen of your mobile device for a very user-friendly version of the site.

Swimming

Northwood is delighted to welcome Action Swim Academy which will establish a base at our aquatic centre. Action Swim Academy is a competitive swimming club that is made up of 5 different coaches based at 4 different centres around Durban. Alisdair Hatfield is based at Kings Park, and has been the National Coach for a few years and has produced many Olympic, National, and Provincial aquatic athletes over a career spanning more than 30 years. Carol Du Toit is based at Crawford La Lucia and has been involved in swimming for almost 20 years, firstly as a mother to provincial swimmers and then as a coach for the last 6 years. Linda Pearce is based at Clifton school and Our Lady of Fatima and has had many years of successful coaching producing top results for the schools at which she has been based.

Cliff Lyne has been coaching in Durban North area for the past 10 years and has had several swimmers that have gone on to represent the country in swimming and water polo and offers 20 years of being a competitive swimmer at the highest international level, representing South Africa in the 1992 Barcelona Olympics. Their highly motivated team of qualified coaches offer specialized attention to develop each swimmers' stroke technique and fitness in the pool. Yvonne Stridom has been a part of Action Swim Academy for the past 6 years. She has completed her coaches qualification courses through SSA. Eryn Bayliss-Lane is also a qualified swim instructor and draws on her experience as a competitive provincial swimmer and current triathlete.

We look forward to hosting their swim academy at Northwood.



Northwood Sports Medical Centre

| Re | eception | 031 564 7675 | medicalcentrenorthwood@gmail.com |
|-----------------|--------------------|--------------|----------------------------------|
| Homeopath | Dr Colette Kell | 073 019 9799 | colette.kell@gmail.com |
| Chiropractor | Dr Michael Wiggett | 071 485 5201 | michael@chiro.durban |
| Psychologist | Shannon Ownhouse | 072 737 1610 | shannonownhouse@gmail.com |
| Physiotherapist | Ashleigh White | 071 607 0883 | physioajwhite@hotmail.com |
| Sports Massage | Tamryn Currin | 078 522 6892 | tammycurrin87@gmail.com |

MEET YOUR HEROES AT THE LEF EMERGENCY SERVICES DAY

SATURDAY 8 SEPTEMBER 00 - 16h00 **CRUSADERS SPORTS CLUB 10 RANLEIGH CRES, DURBAN NORTH**

Fun for the whole family with action displays, market & more!



Entry: Free (parking - R20 per vehicle) Event MC: Dave Guselli

FOUNDATION



For more info: Law Enforcement Foundation - Gill Austin 084 209 4970 | gill@lefoundation.co.za | www.lawenforcementfoundation.co.za

Watch South Africa's finest Emergency Services (Police , Ambulance , Fire Department , SANDF , Security, Bomb Squad, and more) perform different demonstrations and simulations » There will be fun and exciting activities for kids.

» food and market stalls

Please show your support.

For more information, please contact Gill Austin on 084 209 4970 or gill@lefoundation.co.za_