



#### **Thought for the Week**

“Strive not to be a man of success, strive to be a man of value.”

~ Albert Einstein

## **From the Headmaster**

**MR P P VILJOEN**

Dear Parents

During the first term of this year we are once again focusing on anti-bullying. Bullying is unfortunately a sad part of the reality in society, and does happen.

As a school we do not tolerate any form of bullying and will deal firmly with any boy not subscribing to this expectation. We also have, however, a responsibility to educate, prevent, and deal with culprits and victims, and as such these campaigns are crucial to, not only creating a caring environment within the school, but also in sending men of integrity, fortitude and care into the world.

This week, as an introduction to the anti-bullying campaign, Yagen Murugan, penned the following words that he read during assembly on Monday.

I share his words with you below:

“Sticks and stones may break my bones, but words will never hurt me. This is a phrase that we have all heard but it is not true. Words can hurt.

Bullying can happen to anyone and can happen in many forms. It can be physical, mental or cyber. Physical bullying is when person physically abuses someone - sometimes leading to them being hospitalised. Emotional bullying is when a person mentally abuses another - such as insulting or belittling them. Cyber bullying is when people insult others on the internet, and often they can't say those things to a person's face.

All of these forms of bullying can traumatise people and even take them to the brink of suicide. They can become disconnected from others, depressed, and hurt themselves or others. They can start hating themselves over something done to them by a person who was just as scared, depressed and disconnected as them.

This is something that we all know, and have been taught, but how often do we try to prevent or stop this? How often do you stand up for what is right, even if you stand alone? Bullying can happen to anybody. Those quotes, on the stairs, are not just for decoration...but rather they are the values that we should live by. One of them is “protect the weak”. This applies to people who are being bullied. Help them. Go to a teacher and ask for help. Don't do nothing, because bystanders are part of the problem as well. We are all Knights of Northwood and to be a Knight means to help those in need. We all can remember a time when we were in trouble... so help those who need you!

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## From the Headmaster Continued...

Bullying is something that can happen at any time... and we all know the signs of it, but we don't act... which is why I am going to leave you today with this quote: "watch your thoughts, they become words. Watch your words, they become actions. Watch your actions, they become habits. Watch your habits, they become character. Watch your character for it becomes your destiny. Strong people stand up for themselves but the strongest people stand up for others"

## Control Test

DATE	GRADE 8	GRADE 9	GRADE 10	GRADE 11	GRADE 12
31/01	English	Afrikaans/ Zulu	History	Afrikaans/IsiZulu	Life Science
05/02	History	Creative Arts Task	English	Life Science	English
07/02	Geography	Phy Science	Phy Science	Geography	History
12/02	LO	EMS	EGD	Bus Studies	Afrikaans/IsiZulu
14/02	Life Science	Geography	Bus Studies	EGD	Life Science
19/02	Creative Arts Task	LO	Life Science	History	LO
21/02	EMS	History	LO	Maths/ Maths Lit	Phy Science
26/02	Maths	Technology	Geography	LO	Maths/ Maths Lit
28/02	Technology	Maths	Accounting	Phy Science P2	Bus Studies

### Grade 7 Open Day

There will be an Open Day for Grade 7 pupils on  
**Tuesday 5 February.** Meet in the hall at **7:45 – 11:00 am.**  
 Busses will return pupils to their primary schools at approximately 12pm.

### Grade 6 Open Evening for Parents

There will be an Open Evening for Grade 6 pupils on  
**Wednesday 6 February** to meet in the hall at **5:30 pm**  
 This evening will include a presentation, a school tour and a John Bruyns House boarding establishment tour for those interested in boarding.

### Grade 7 Open Evening for Parents

There will be an Open Evening for Grade 7 pupils on  
**Thursday 7 February** to meet in the hall at **5:30 pm**  
 This evening will include a presentation, a school tour and a John Bruyns House boarding establishment tour for those interested in boarding.

If you are unable to join for your grade's open evening, please joint at an alternate date.

Please watch press  
for details

## Admissions

### SCHOLARSHIP EXAMINATIONS

For pupils entering Northwood School in Grade 8 in 2020  
 Applications to write the Scholarship Exam close on  
**Friday 22 February 2019**

The Scholarship Examination will be written on  
**Friday 1 March February 2019**  
 2:30 pm to 4:30 pm in AV1.

## Smalls

*These mini adverts are put in as a community service and are not specifically endorsed by Northwood.*

*Although advertising in the Northwood News Smalls is free of charge, Northwood reserves the right not to post your advertisement if we feel that the content is inappropriate for our learners and if we need the space for "real" Northwood content.*



**PHYSIOTHERAPIST ASHLEY WHITE** will be moving from the Northwood Sports Medicine Centre to Kensington Health Centre, 110 Adelaide Tambo Drive. Telephone 031 563 1359 or mobile 071 607 0883. Email: physioajwhite@hotmail.com

Looking for a DJ to play at a venue in Umhlanga village either Friday or Saturday night every weekend, all equipment and training provided, beginners are welcome. Need to play mainly electro, house, dance, pop, hip-hop and mainstream radio friendly music. Looking for age 18 to 24, start 9pm finish 2am. R900 cash. Contact Dan 083 463 2201.

**ENGLISH TUITION:** Lessons for Grades 8 – 11 in Umhlanga and Durban North area (willing to travel). 8 years experience in tutoring. Contact Karl on 076 501 3481.

**KARATE TRAINING:** Learn a new sport, get fit and know how to defend yourself! North Coast Karate, in Glenashley (St Luke's Church Hall) is offering 2 free trial lessons. Open to all from 5 years to adult. Contact Shihan Mike Norman for more information: 082 456 3897.

**ACCOUNTING TUITION:** Lessons for Grade 9 – 12 in the Umhlanga and Durban North area. 8 years experiencing in tutoring. Contact Janice Chetty on 082 599 3332.

**DURBAN ACTORS STUDIO** provides expert theatre arts education, creates performance opportunities, and inspires all ages to become creative, multi-skilled, thinking and diverse individuals on stage and in life. Weekly Speech and Drama classes, Musical Theatre, LAMDA, Shakespeare. Contact Durban Actors Studio for more info on 031 332 0173



## Northwood Medical Centre

Reception		031 564 7675	<a href="mailto:medicalcentrenorthwood@gmail.com">medicalcentrenorthwood@gmail.com</a>
Homeopath	Dr Colette Kell	073 019 9799	<a href="mailto:colette.kell@gmail.com">colette.kell@gmail.com</a>
Chiropractor	Dr Michael Robson	082 602 5444	<a href="mailto:medicalcentrenorthwood@gmail.com">medicalcentrenorthwood@gmail.com</a>
Psychologist	Shannon Ownhouse	072 737 1610	<a href="mailto:shannonownhouse@gmail.com">shannonownhouse@gmail.com</a>
Sports Massage	Tamryn Currin	078 522 6892	<a href="mailto:tammycurrin87@gmail.com">tammycurrin87@gmail.com</a>
General Practitioner	Dr Ganiat Abisola	067 151 9337	<a href="mailto:theprestigelifestyleclinic@gmail.com">theprestigelifestyleclinic@gmail.com</a>

## Northwood Gear Shop Hours

**MONDAY AND SATURDAY – CLOSED**  
**TUESDAY – THURSDAY 13h30 – 15h15**  
**FRIDAY 13h15 – 14h30**

For assistance please phone Yvonne Haswell  
 On 083 691 0135 or 031 564 1439

# Northwood Musical 2019

## AUDITIONS

for Singers



**WEDNESDAY**  
**30th [14h15] or**  
**THURSDAY**  
**31st JANUARY**  
**[14h30]**  
**SCHOOL HALL**

ENQUIRIES : See Mr Steenhuisen

## Northwood Musical 2019

This year the school will stage a musical revue during the month of August.

It promises to be a fun-filled production, based on 'songs from the movies' through the years.

Auditions for Northwood boys are being held next week. Boys can audition either on Wednesday or on Thursday afternoon, in the school hall.



# JUNIOR SOCIAL

WITH DJ DANIEL ISRAEL

Tickets R50 per person - On sale from the school's Back Office

**GRADE 8, 9 & 10's ONLY (ALL SCHOOLS WELCOME)**

**FRIDAY 15 FEBRUARY 6PM TO 10:30PM**

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*marketing@nwood.co.za Tel: 031 563 6501*

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# Important Dates Term 1

(Subject to Change)

DAY	DATE	TO DATE	TIME	EVENT	VENUE
<b>FEBRUARY</b>					
Fri	1			Mtunzini Expo	Mtunzini
Sat	2			Waterpolo, Basketball & Cricket vs Michaelhouse	Various
Tues	5			Chinese New Year	
Tues	5		7:45-11:00	Grade 7 Open Day	Northwood
Wed	6		5:30-8:30	Grade 6 Open Evening (TBC)	Lower Campus
Thurs	7		5:30-8:30	Grade 7 Open Evening	Northwood
Sat	9			Waterpolo, Basketball & Cricket vs Westville	Various
Sat	9	10		Midmar Mile	Midmar
Mon	11			Northwood Championship Gala	Northwood
Wed	13			Government Schools-Ed Gala	Maritzburg Coll
Thurs	14			Valentine's Day	
Thurs	14			Valentine's Visits (Prefects)	
Thurs	14	17		Selborne Vides Waterpolo Tournament	East London
Thurs	14	16		Duzi Canoe Marathon	
Fri	15		6:00-10:00	Junior Social	Hall
Sat	16			Waterpolo, Basketball, Cricket vs Glenwood	Various
Wed	20		6:00 – 8:30	Top 10 Gala	Kings Park
Fri	22			Scholarship Applications Close	
Fri	22	24		u15A/B Dallas Hutton Waterpolo Tournament	Northwood
Sat	23			Waterpolo, Basketball, Cricket vs DHS	
Sun	24			Glenwood Expo	Glenwood
Mon	25		2pm	Interhouse Cricket, Waterpolo, Basketball	Northwood
Wed	27		6:00-8:30	DnD Gala	DHS
Thurs	28			Knights Networking Breakfast	TBC
Thurs	28	3/3		u15A Indigo Parktown Waterpolo Tournament	Johannesburg
<b>MARCH</b>					
Fri	1			Scholarship Exam	
Fri	1			Surfing Fundraiser Movie Night	Northwood
Sat	2			Kearsney & St Charles Waterpolo, Basketball & Cricket	Various
Tues	5			Individual & Class Photos	
Fri	8			Closing Date for Applications for 2020	
Fri	8		8am	Matric Hamlet Excursion	Playhouse
Sat	9			Rugby & Hockey vs Maritzburg College	Maritzburg Coll.
Sun	10	23		Hockey Tour to Malaysia	
Wed	13			Toastmaster Graduation	AV1
Fri	15			End of Term 1	
Fri	15	18		u14 Parktown Rugby Tournament	Johannesburg
Fri	15	18		u15B Northwood Rugby Festival	Northwood
Wed	21	24		Grey High School – 1 <sup>st</sup> and all A Teams	Port Elizabeth
Thurs	21			Human Rights Day	
Thurs	28	31		1 <sup>st</sup> Team Founders Hockey Festival	Northwood
<b>APRIL</b>					
Tues	2			Term 2 Begins	

# Sport & Culture

## From the Head of Extramurals

**Mr G. Le Roux**

**Deputy Headmaster – Extramurals**

[gleroux@nwood.co.za](mailto:gleroux@nwood.co.za)

Unfortunately, we seem to be having some beautiful weather during the week but come weekends the rain has interrupted our sport over the last few weekends. Looking at the forecast ahead, there seems to be light rain forecast this weekend again. Just a reminder to please ensure you have the D6 School Communicator downloaded as well as a link to the [www.northwoodschoolsport.com](http://www.northwoodschoolsport.com) app on your smart devices. All updates and changes to fixtures will be made via these channels.

Congratulations to our 1<sup>st</sup> Water Polo team who competed in the Grey College Water Polo Tournament this past weekend. Our team finished 9<sup>th</sup> out of 16 teams and with the challenge of having the teams that finished 1<sup>st</sup> and 2<sup>nd</sup> in the tournament, in our pool, our boys can be proud of their achievements. Our Open Water Polo teams played Glenwood yesterday with our 3<sup>rd</sup> and 4<sup>th</sup> teams coming out victorious, and our 1<sup>st</sup> team with a hard fought 7-7 draw.

Good luck to our 2<sup>nd</sup> Water Polo team who are currently on tour at Pearson.

Our 1<sup>st</sup> XI Cricket team take on Clifton today in the regional quarter finals of the T20 league. All the best boys, we hope to see you in action on Friday in the Semi Final and Finals.

Our Championship Gala will be held on Monday 11 February at the Northwood School Swimming Pool. This event is a compulsory attendance event for all Grade 8 learners and they are to meet at the covered stands at 17:30. The event will conclude at around 20:00.

**For all extra mural details regarding fixtures, notices, practice times and transport arrangements please visit [www.northwoodschoolsport.com](http://www.northwoodschoolsport.com). Remember to create a shortcut on your home screen of your mobile device for a very user-friendly version of the site.**



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## Fixtures Term 1 & 2

These fixtures are subject to change

Date	Opposition	Venue
2 February	Cricket, Water Polo, Basketball vs Michaelhouse	Various
9 February	Cricket, Water Polo, Basketball vs Westville	Various
11 February	Northwood Championship Gala	Northwood
13 February	Government Schools Gala	Maritzburg College
14-17 February	Vides Water Polo Tournament	Selbourne
16 February	Cricket, Water Polo, Basketball vs Glenwood	Various
20 February	Top 10 Swimming Gala	Kings Park
22-24 February	Dallas Hutton Northwood Water Polo Festival	Northwood
23 February	Cricket, Water Polo, Basketball vs DHS	Various
25 February	Inter-house Cricket, Water Polo and Basketball	Northwood
27 February	D and D Gala	DHS
28 Feb-3 March	15A Indigo Water Polo Tournament	Parktown
2 March	Cricket, Water Polo, Basketball vs St Charles & Kearsney	Various
9 March	Hockey and Rugby vs Maritzburg College	Maritzburg College
15-18 March	U15B Northwood Rugby Festival	Northwood
15-18 March	U14A Parktown Rugby Festival	Parktown
21-24 March	1st, U16A, U15A, U14A Grey High Rugby Festival	Grey High School
28-31 March	1st Hockey Founders Festival	Northwood
5 March	Inter-house Rugby, Hockey and Volleyball	Northwood
6-7 April	2nd Crawford Hockey Festival	Crawford La Lucia
13 April	Hockey and Rugby vs Durban High School	DHS
17-22 April	1st Hockey KES Festival	KES
17-22 April	1st Rugby KES Festival	KES
17-22 April	U16A Jeppe Rugby Festival	Jeppe
17-22 April	U15A Parktown Rugby Festival	Parktown
19-22 April	U14A Founders Hockey	Parktown
19-22 April	U14B Ken Florens Hockey Festival	Northwood
27 April	Hockey and Rugby vs Hilton	Northwood
4 May	Hockey and Rugby vs Westville	Northwood
11 May	Hockey and Rugby vs Parktown	Northwood
18 May	Hockey and Rugby vs Michaelhouse (Compulsory)	Northwood
25 May	Hockey and Rugby vs St Benedicts	St Benedicts
1 June	Hockey and Rugby vs St Charles	St Charles
8 June	Hockey and Rugby vs Kearsney - Old Boys Day	Northwood
13-16 June	1st Kloof Soccer Tournament	Kloof

## Swimming

### PRACTICES:

Tuesday, Wednesday and Thursday 6 – 7am

All swimmers must attend a minimum of 2 practises session a week.

A register will be taken.

# Hockey tour to Malaysia / Singapore

A very big thank you to everyone who supported the raffle for our boys going on hockey tour in March to Malaysia and Singapore, we really appreciate the role that the Northwood family and the Durban North community have played in making this successful. Well done to all our prize winners, please see the list below of all the winners.

Northwood Hockey Tour Raffle 2019 - Winners					
Draw	Sheet	Winner Name	Prize Description	Value	Hockey Parent
1	BL14	Martin Stent	Gateway Shopping Voucher	R 5,000	Chislett
2	DA17	Nirvana	Holiday -2 Nights for 2 at The Cavern Berg Resort	R 5,200	Matai
3	CZ13	Dustin Ambrose	Holiday - 3 Night accomodation at Cathkin Estates - self catering from Container Connections	R 3,000	Berkset
4	AN6	Matt v Blerk	Holiday Weekend for 4 - Emanzini Game Reserve, Albert Falls	R 5,000	v Blerk
5	CO17	Bruce Hulett	Holiday - 4-Night Cruise for 2	R14,000	Mc Ilwraith
6	CD14	Matthew Bumbery	Painting by Andy Anderson-Wild Life	R 6,000	Bumberry
7	EJ7	Christine Pulvirenti	Whiskey Jack Daniel's Sinatra Spec Ed from Hops	R 2,500	Whittle
8	CF20	Nick Schultz	Golf 4ball w/cart Voucher from Wild Coast Sun	R 2,600	Gomes
9	CK4	Mollie Wright	Cash	R 1,000	Wright
10	EG1	Brian Gow	Car Service Voucher from Mars Garage	R 2,100	Whittle
<b>The Top 10 Winners had the option to choose the prize of their choice in the order in which they were drawn.</b>					
11	Z4	Paige v Wyk	Holiday - 7 night Nhlabavale Lodge, Mozambique	R 5,000	Pretorius
12	CB10	Luthmee	Holiday Weekend for 2 - Kob Inn Voucher - all meals included	R 3,200	Eswarlal
13	V17	Ken Smart	Fitness Voucher at Get Fit 12weeks	R 2,500	Strohfeltdt
14	DD3	Morgan Hoskin	MOYOKO Narrow Iron + Smoothing & Detangling Brush	R 2,198	Baker
15	DF5	Dee Walsch	MOYOKO Infinity Wide Ion + Smoothing & Detangling Brush	R 2,014	Baker
16	DB6	Mathys vd westhuizen	Haircolour MakeOver Voucher from Hair-on-West	R 1,000	Mall
17	BD18	Audrey Andrews	Liquor Hamper from Thirst Bar Services	R 600	Strohfeltdt
18	CV3	Nicola Grace	Liquor Hamper from Thirst Bar Services	R 600	Chislett
19	CA18	PC Malan	Lock Stock & Barrel Reconstruct Shampoo and Preptonic Thickening Lotion	R 560	Liddle
20	EF2	Jane Wagner	Shopping Voucher from Hub	R 500	Whittle
21	DB1	Nicole Fitzgerald	Shopping Voucher from Hub	R 500	Mall
22	P20	John Wallace	Shopping Voucher from Hub	R 500	Hooper
23	Z1	Catherine Ramsden	Shopping Voucher from Hub	R 500	Pretorius
24	M1	Clayton Walters	Whiskey Woodford Spec Reserve from Hops	R 500	Gomes
25	G16	Nicky	Shopping Voucher from Vegmo Accessories	R 500	Cooke
26	AK20	Nic	Woolworths Voucher	R 500	Bright
27	CB5	Ross	Shopping Voucher from Vegmo Accessories	R 500	Eswarlal
28	BN11	Mike Hatton	Shopping Voucher from Vegmo Accessories	R 500	Hatton
29	BO9	Gary Jagga	Shopping Voucher from Vegmo Accessories	R 500	Grace



## Northwood Hockey Tour Raffle 2019 – Winners Continued

30	AK15	A. Chellin	Hamper products	R 500	Bright
31	AZ19	Jane Cotterell	Miglio necklace	R 500	Cotterell
32	CB16	Lutchmee	The Hairy Viking Beard Wax and Wooded Beard Grooming Comb	R 410	Eswarlal
33	EJ15	Tore Palverenti	Meal Voucher from Circus Circus	R 400	Whittle
34	CB11	Theo	Movie tickets at Nu Metro for 4	R 400	Eswarlal
35	AP19	Magda Johnson	Movie tickets at Nu Metro for 4	R 400	Dwyer
36	EI8	Ann Hamper	Box of wine	R 380	Whittle
37	AZ8	Lyn & Ian Johnson	Full Body Massage Voucher from Tuwa	R 380	Cotterell
38	BS2	Saskia Bystedt	Box of wine	R 350	Perrins
39	R2	Sean de Groot	Spa Manicure Voucher from Skininnovations	R 350	
40	AU14	Pam Arro	Drill from Mica	R 350	Strohfeltd
41	CD19	Michelle Bumbery	Drill from Mica	R 350	Bumbery
42	CM19	Saurav Matai	Drill from Mica	R 350	Matai
43	DH19	Ashleigh White	Drill from Mica	R 350	Baker
44	BE10	Gareth Brand	Box of wine	R 350	Cooke
45	BD4	Sharon Ashton	Stationary hamper incl USB's	R 300	Strohfeltd
46	S8	Mavis Ball	Stationary hamper incl USB's	R 300	Liddle
47	BV3	Brit vd Vyver	Stationary hamper incl USB's	R 300	Strohfeltd
48	CD6	Nicola Grace	Beauty voucher from Sorbet	R 300	Bumbery
49	A15	Bill Yeo	Back Massage Voucher from Pamper n Polish	R 265	Banda
50	AO12	Tam Parkendorf	Beauty Voucher from Pamper n Polish	R 265	Liebenberg
51	J19	Ini Naidoo	Meal Voucher from African Roots @ The Pearls	R 250	Eswarlal
52	CF2	Andrea Gomes	Meal Voucher from African Roots @ The Pearls	R 250	Gomes
53	AF6	Paul v Blerk	Back Massage Voucher from Salon Leigh Hockey	R 250	vBlerk
54	BX1	Caron Martins	Dinner Voucher at Rocomama's	R 250	Martins
55	AE16	Jean Hart	Dinner Voucher at Rocomama's	R 250	vd Linde
56	AC15	Wimla Pillay	Beauty Voucher from Pamper n Polish	R 220	Steele
57	AL15	Dawie Jooste	Pedicure Voucher from Pamper n Polish	R 220	Baker