

Thought for the Week

"Remain calm, serene, always in command of yourself. You will then find out how easy it is to get along." ~ Paramahansa Yogananda

From the Headmaster

MR P P VILJOEN

Dear Parents

As mentioned last week, term two is extremely challenging, busy and pressurised. Dealing with all of these challenges won't be easy, and it certainly would be easy to forget about what is really important in life.

So here are some of the things that I will be focussing on, maybe you and your son can borrow some of these to add to your plans to deal with term two.

- 1. Spend as much time praying as possible;
- 2. Enjoy the challenge;
- 3. Make sure you take some time for yourself;
- 4. Spend time with people that make you happy:
- 5. Check your calendar regularly;
- 6. Speak positively about all that you do;
- 7. Read something interesting
- 8. Be grateful and thankful for all that you have in life.

In terms of things happening, it was great to see how many parents attended the various parent's evenings during the course of the week. It is so important to show interest in your son's progress and to meet the people who work with the boys, so thank you to all of you for taking time to be with us. A big thank you also goes to our teachers who sacrificed so much time to be there. As always, their efforts are greatly appreciated.

I want to take a minute to congratulate all of the boys who worked so hard and so diligently to achieve positive results at the end of term one. Overall, the results were very pleasing and we look forward to even better results as we move towards the June exam block.

Well done to the boys below who finished in the top 10 of their grades. Just remember that boys who finish in the top 10 at the end of the exam terms (term two and four) are invited to the top ten tea and get awarded special badges – just some extra motivation for the incumbents and those challenging them to do even better this term.

P O Box 20079, Durban North, 4016 Telephone: +27 31 563 6501 Adelaide Tambo Drive, Durban North, 4051 Fax: +27 31 564 1898 Webpage: www.northwoodschool.co.za

From the Headmaster Continued...

	GRADE 8		
1	Pradhi Patel	8WB	
2	Yakecen Govender	8WB	
3	Kavish Singh	8WB	
4	Damien Naidoo	8WB	
5	Joshua Bezuidenhout	8SD	
6	Armaan Manilall	8SD	
6	Wade Poacher	8SD	
8	George Buckle	8WB	
9	Thivaar Juggernath	8SD	
10	Zario Di Paolo	8WB	

1	Suven Naidoo	9GA
2	Joel Bosch	9RG
3	Michael Naidoo	9GA
4	Jason Pearce	9BR
5	Jevaan Govender	9RG
6	Akeer Nursingh	9BR
6	Tom Richardson	9GA
8	Dilan Kantilal	9FR
9	Suryan Govender	9RG
9	Tanay Mooruth	9GA

GRADE 10		
1	Eli Govender	10WD
2	Andrew Flynn	10BP
3	Sanidhya Soni	10BP
4	Timothy Bax	10BP
5	Tanner Capell	10BT
6	Liaan Govender	10BP
7	Sachin Daya	10BP
8	Christian Wessels	10BP
9	Kashan Pillay	10BP
10	Joshua Clemens	10BP

GRADE 11		
1	Ishan Jewnarain	11PB
2	Yagen Murugan	11BN
3	Dean van Dijl	11BN
4	Rahul Mohanlall	11RT
5	Yashell Pillay	11HA
6	Yashil Sukram	11AD
7	Akaj Maharaj	11AD
8	Reshav Naidoo	11AD
8	Jodil Ramkissoon	11AD
10	Asthiq Asrai	11BN

GRADE 12		
1	Keiran Naidoo	12VW
2	Ahmed Jajbhay	12P
3	Malibongwe Makhonza	12P
4	Sachin Reddy	12GB
5	Kavuran Naicker	12DM
6	Ananta Reddy	12P
7	Micholan Nadarajan	12EV
7	Azhar Noormahomed	12DM
9	Keagan Fassom	12BA
9	Mohamed Kolia	12VW
9	Tyrell Naidoo	12GB

From the Counsellor's Desk

MR M RICH

Deputy Headmaster

MIC: LO

MIC: Counselling

Email: mrich@nwood.co.za

JAKES GERWEL FELLOWSHIP

Would you like to become an Educator?

Jakes Gerwel Fellowship are looking for amazing Grade 12s to embark on the incredible journey to become expert teachers, education leaders and social entrepreneurs.

Application requirements

- Average of above 65% for final Grade 11 results (excl. LO)
- Applicants must be under the age of 22
- South African citizen
- Intention to study a BSc, BA or BCom at UCT or UP in 2020
- Intention to complete a PGCE and become a high school teacher
- Demographic diversity is a founding principle

If you are interested, please see Mr Rich

Knights

Below is a QR code for access to the first 'Knight Life' Newsletter.

This Old Boys newsletter will come out once a month ... starting now in April.

You will be able to find the code in the Northwood News every month





An Appeal from the Marketing Office

Thank you for all the bottles and jars that have been dropped off. We still need a lot more. We also need tin cans (please remove the labels). They can be dropped off at the reception or the back office.

Thank you for your support.

Smalls





Although advertising in the Northwood News Smalls is free of charge, Northwood reserves the right not to post your advertisement if we feel that the content is inappropriate for our learners and if we need the space for "real" Northwood content.

EXTRA ACCOUNTING LESSONS for grade 9 -12. Eight years tutoring experience and have tutored many students from the Umhlanga/Durban North area. Contact Mrs Chetty on 082 599 3332.

MATHS AND PHYSICS PRIVATE TUITION AVAILABLE. One-on-one or classes. Grades 6-11. Whatsapp or call 081 369 1463 for pricing.

PHYSIOTHERAPIST ASHLEY WHITE will be moving from the Northwood Sports Medicine Centre to Kensington Health Centre, 110 Adelaide Tambo Drive. Telephone 031 563 1359 or mobile 071 607 0883. Email: physioajwhite@hotmail.com

Academics

MRS R STANLEY

Email: rstanley@nwood.co.za

NBT EXAM

If you go to https://nbt.ac.za/, you will get all the information you need with regards to booking the actual test - dates, venues, costs etc. UCT run the NBT booking site.

PARENT MEETINGS

We have just completed all our parent

evenings. Thank you to all the parents that attended and showed interest in the academic side of their son's schooling.

Thank you too to the staff – these evenings are draining after a full day of teaching, but so worthwhile. It is important that we work together as a team to get their best from our boys.

ASSESSMENTS AND EXAMINATIONS

As you would have noticed from the Programme of Assessment, our term is loaded with assessments and exams. Please plan your study timetable carefully, allowing time for the family and relaxation.

Extra Lesson Timetable

GRADE 8			
MON	Sport		
TUES	English – Ms Domun		
	EMS – Mr Wiblin & Mrs Johnson		
	Life Sci – Mrs Morton		
WED	Sport		
THURS	Afrikaans – Mrs Johnson		

GRADE 10		
MON	Maths – Mrs Le Roux	
	Afrkaans – Mrs vd Westhuisen	
TUES	Sport	
WED	English – Mr McDowall	
	Life Sci – Mrs Hayden	
	Accounting – Ms Raftopoulos	
	Economics – Mrs Joseph	
THURS	Sport	

GRADE 12			
MON	English – Mr Krause		
	Life Sci – Dr Pillay		
	B.Studies – Mrs Joseph & Mr Wiblin		
	Accounting - Mrs Coulter		
	Economics – Ms Raftopoulos		
TUES	Sport		
WED	Afrikaans – Mr Harishun		
THURS	Sport		

y ume for u	g time for the family and relaxation.			
	GRADE 9			
MON	Sport			
TUES	EMS – Messrs Wiblin, Woods &			
	Richter			
Life Sci – Mrs Morton				
WED	Sport			

Afrikaans - Mrs Prins English - Mr Halse

Friendship is the purest love. It is the highest

form of Love where nothing is asked for, no

condition, where one simply enjoys giving

GRADE 11		
MON	Maths – Mrs Le Roux	
	Afrikaans – Mr Jankeeparsad	
	Life Sci – Mrs Morton	
	Accounting – Mrs Joseph	
TUES	Sport	
WED	English – Mrs Ganesh	
THURS	Sport	

EXTRA GEOGRAPHY LESSONS

With Mrs Bagwandeen in her classroom.

9HK – Friday 26 April 9BR – Friday 3 May

THURS

9 FR – Friday 10 May

9DL - Friday 17 May

The extra lessons will be from 13:40 to 14: 30.

June Exam Timetable

All exams are 2 hours unless otherwise stated Timetable subject to change

GRADES 8 & 9

EARLY EXAMS

DATE	GRADE 8	GRADE 9
16 April	English P2	English P2
25 April	Afrikaans / IsiZulu P1	Afrikaans / IsiZulu P2
07 May	Technology	English P4 (1½ Hrs)
09 May	History (1½ Hrs)	Afrikaans / IsiZulu P4 (1½ Hrs)
23 May	LO	LO

EXAM TIMETABLE

DATE	TIME	GRADE 8	GRADE 9
28 May	08:15-10:15	EMS	Maths
29 May	08:15-10:15	Study	History (1½ Hrs)
30 May	08:15-10:15	Natural Science (1½ Hrs)	Geography (1½ Hrs)
4 June	08:15-10:15	Geography (1½ Hrs)	Technology
6 June	08:15-10:15	Study	Natural Science (1½ Hrs)
7 June	08:15-10:15	Maths	EMS
11 June	08:15-10:15	Creative Arts / Music	Study
12 June	08:15-10:15	Study	Creative Arts / Music
13 June	08:15-10:15	Adv Maths (1 Hr)	Adv Maths (1 Hr)

GRADES 10, 11, 12

EARLY EXAMS

DATE	GRADE 10	GRADE 11	GRADE 12
16 April	English P1	English P1	English P1
25 April	Afrikaans / IsiZulu P1	Afrikaans / IsiZulu P1	Afrikaans / IsiZulu P1
07 May	English P2	English P2	English P2
09 May	Afrikaans / IsiZulu P2	Afrikaans / IsiZulu P2	Afrikaans / IsiZulu P2
14 May	Geography P2 Mapwork	Geography P2 Mapwork	Geography P2 Mapwork
15 May	AP Maths	AP Maths / Bus Studies P1	AP Maths
16 May	IT P2 / Art / Design / Econ P1	IT P2 /Art / Design/ Econ P1	IT P2 / Art / Design / Econ P1
21 May	Art Prac/ Design Prac/ IT Prac	Art Prac/ Design Prac/ IT Prac	Art Prac / Design Prac
22 May			IT Prac
23 May	LO	LO	LO

EXAM TIMETABLE

DATE	TIME	GRADE 10	GRADE 11	GRADE 12
28 May	8:15	Life Sciences	Maths / Maths Lit P1 (1½ Hrs)	Physical Science P1
29 May	08:15	Accounting/Music	Geography P1	Business Studies
30 May	08:15	Business Studies P1	History	EGD P1
4 June	08:15	Physical Science P1	Maths / Maths Lit P2 (1½Hrs)	Physical Science P2
6 June	08:15	Geography P1	EGD P1	Accounting / Music
6 Julie	11:15	Economics P2	Accounting P1 / Music	History P1
7 June	08:15	EGD	Physical Science P1	Maths / Maths Lit P1
11 June	08:15	Physical Science P2	Physical Science P2	Maths / Maths Lit P2
i i June	11:15	Tourism	Economics P2	
12 June	08:15	History	EGD P2	Life Sciences
	11:15		Tourism	Economics P2
13 June	08:15	Maths / Maths Lit P1 (1 Hr)	Business Studies P2	Geography P1
	11:15	Maths Lit P2 (1 Hr)	Accounting P2	EGD P2
14 June	08:15	Business Studies P2	Life Sciences	History P2

Important Dates Term 2 (Subject to Change)

DAY	DATE	TO	TIME	EVENIT	VENUE
DAY APRIL	DATE	DATE	TIME	EVENT	VENUE
Sat	13	<u> </u>	<u> </u>	Rugby & Hockey vs DHS DHS	
Wed	17		3:15	Rugby & Hockey vs DHS Cross Country at Curro Hillcrest	Hillcrest
Wed	17	22	3.13	1st Team KES Rugby & Hockey Festival	
Wed	17	22		Jeppe u16A Rugby Festival	Johannesburg Johannesburg
Wed	17	22		Parktown u15A Rugby Festival	
Fri	19	22			Johannesburg Johannesburg
Fri	19	22		Parktown u14A Hockey Tournament	Johannesburg
Fri	19	22		Good Friday	Homo
Fri		22		Founder u14A Hockey Festival	Home
	19	22		Ken Florens u14B Hockey Tournament	Home
Mon	22		0.45	Easter Monday	Minerie in Durch
Wed	24		3:15	Cross Country at Clifton	Virginia Bush
Fri	26			Joburg to Sea Cycling Marathon	
Sat	27			Freedom Day	
Sat	27			Rugby & Hockey vs Hilton	Home
MAY			T		T
Wed	1			Workers' Day	
Sat	4			Rugby & Hockey vs Westville (Compulsory)	Home
Sat	4			BE Sleepover	Mathias Place
Mon	6			Start of Ramadan	
Wed	8			Election Day	
Sat	11			Rugby & Hockey vs Parktown	Home
Sun	12			Mothers' Day	
Wed	15		3:15	Cross Country at Crawford	Durban North
Thurs	16			Sani to Sea Cycling Marathon	
Sat	18			Rugby & Hockey vs Michaelhouse (Compulsory)	Home
Wed	22		3:15	Cross Country at Waterfall College	Waterfall
				All Hockey, Rugby, Tennis, Squash, Chess,	
Sat	24	25		E-Sport @ St Benedicts	Johannesburg
Wed	29		3:15	Cross Country	Kearsney
JUNE					
Sat	1			Rugby & Hockey vs St Charles	St Charles
Wed	5			Eid al-Fitr	
Thurs	6	8		Reunion Weekend	Northwood
Thurs	6			Golf Day	Mt Edgcombe
Fri	7		7:30-10:30	Old Boys Breakfast and Assembly	Jubilee Room
Fri	7		6:30 →	Reunion Dinner	Northwood
Sat	8		0.00 7	Old Boys Day & Classic Clash vs Kearsney	T T T T T T T T T T T T T T T T T T T
Sun	9			Comrades Marathon	
Thurs	13	<u> </u>		Rugby & Hockey vs Staff/Boys vs Old Boys	Northwood
Thurs	13	16		1st Team Kloof Soccer Tournament	Kloof
Fri	14	10		End of Term 2	14001
Fri	14	18		2nd Team Sportweni Cricket Festival	South Coast
Sun	16	10			
Sun	16			Youth Day	
JULY					
	0			Torm 2 Rogins	
Tues	9			Term 3 Begins	

Northwood Gear Shop Hours

MONDAY AND SATURDAY - CLOSED TUESDAY - THURSDAY 13h30 - 15h15 FRIDAY 13h15 - 14h30

For assistance please phone Yvonne Haswell On 083 691 0135 or 031 564 1439



We are open weekdays only from 8am to 4.30pm. We have just revamped our reception area too. Parents can always pop in if they have any questions

SPORTS MEDICINE CENTRE

Our reception number is 031 564 7675 and you can contact Christy for any enquiries. We cater to the children in our school as well our parents and outside community.

Dr Michael Robson - Chiropractor

Senzo Mthembu – Physiotherapist Michelle Grobbelaar – Massage therapist Lisa Shabengu – Advanced Sports Recovery Massage specialist and a prenatal and postnatal massage therapist

They also have a facebook page "Northwood Sports Medicine Centre" join for easier access to the Northwood Sports Medicine Centre as well as to any specials they run.

Phone Number: 031 564 7675

Address: 47 Mackeurtan Avenue, Durban North Email: medicalcentrenorthwood@gmail.com

Northwood Golf Day:

We are appealing to our parents to support our Golf Day on Thursday 6 June. The Golf Day forms part of our annual Reunion Weekend celebrations and we are looking forward to some fantastic events. If you are able to enter a 4 ball or donate prizes in two's, we would be very grateful, details are on the information page included further on in the newsletter.

Also, please could each family bring in one of the following items to include in prize hampers. We always rely on the support of our Northwood families to make these events possible and appreciate your support!



Grade 8:	Grade 9	Grade 10	Grade 11	Grade 12
Olives,	LiquiFruit or similar,	Box of rusks,	Box of biscuits,	Packet of biltong,
Pickled Onions,	Slab of chocolate,	Coffee,	Packet of	Popcorn seeds,
Gherkins,	Box of biscuits,	Fruit Dainty/Fruit roll	Chocolates,	Large packet of
Bottle of wine	Bottle of wine	Bottle of wine	Sauce eg chutney,	crisps
			marinade, peri peri	

Sport & Culture

MR G. LE ROUX

Email: gleroux@nwood.co.za

Congratulations to our volleyball teams for some great performances this past weekend. Our u14A, u15A, u16A and 1st Team all came away victorious for the first matches of the league. We look forward to the rest of the season.

This week our rugby and hockey boys take on DHS with a number of other schools providing filler fixtures for us. A reminder to parents that DHS is a no transport zone therefore boys need to get to DHS with parents. Busses will obviously be available for all Boarding Establishment boys.

Coming up quickly is our two out-of-province trips. We host Parktown on the 10/11 May where we will need to host about 400 boys. And then, on the 24/25 May we travel up Johannesburg to play St Benedicts. Please keep these fixtures in mind, a formal letter will follow shortly.

Good luck to all our boys this weekend. We encourage the whole Durban North community to come and support our 1st hockey and rugby teams.

A reminder of the compulsory attendance events this term for Grade 8-12:

27 April- Northwood vs Hilton College

4 May- Northwood vs Westville

18 May- Northwood vs Michaelhouse

8 June- Northwood vs Kearsney College - Old Boys Day, Classic Clash

For all extra mural details with regards to fixtures, notices, practice times and transport arrangements please visit www.northwoodschoolsport.com. Remember to create a shortcut on your home screen of your mobile device for a very user friendly version of the site.

Squash

FIXTURES

TIXTUNES				
1st	BYE			
2nd	Glenwood	Crusaders		
U16A	DHS	Crusaders		
1st	DHS	Crusaders		
2nd	WBHS	WCC		
U16A	Clifton	Crusaders		
1st	St Benedicts	St Benedicts		
1st	Glenwood	Crusaders		
2nd	Crawford LL	Crusaders		
U16A	WBHS	Crusaders		
1st	Play-offs	TBC		
2nd	Kearsney	Kearsney		
U16A	Glenwood			
2nd	Clifton	Crusaders		
U16A	Kearsney	Crusaders		
	2nd U16A 1st 2nd U16A 1st 1st 2nd U16A 1st 2nd U16A 1st 2nd U16A	2nd Glenwood U16A DHS 1st DHS 2nd WBHS U16A Clifton 1st St Benedicts 1st Glenwood 2nd Crawford LL U16A WBHS 1st Play-offs 2nd Kearsney U16A Glenwood 2nd Clifton		

Fixtures Term 2

These fixtures are subject to change

Date	Opposition	Venue
13 April	Hockey and Rugby vs Durban High School	DHS
17 April	Cross Country	Curro Hillcrest
17-22 April	1st Hockey KES Festival	KES
17-22 April	1st Rugby KES Festival	KES
17-22 April	U16A Jeppe Rugby Festival	Jeppe
17-22 April	U15A Parktown Rugby Festival	Parktown
19-22 April	U14A Founders' Hockey	Parktown
19-22 April	U14B Ken Florens Hockey Festival	Northwood
24 April	Cross Country	Clifton
27 April	Hockey and Rugby vs Hilton	Northwood
4 May	Hockey and Rugby vs Westville	Northwood
11 May	Hockey and Rugby vs Parktown	Northwood
15 May	Cross Country	Crawford La Lucia
18 May	Hockey and Rugby vs Michaelhouse (Compulsory)	Northwood
22 May	Cross Country	Waterfall College
25 May	Hockey and Rugby vs St Benedicts	St Benedicts
1 June	Hockey and Rugby vs St Charles	St Charles
8 June	Hockey and Rugby vs Kearsney - Old Boys Day	Northwood
13-16 June	1st Kloof Soccer Tournament	Kloof



Tennis

We are so proud of Jordan Theron who went unbeaten in the TSA Inter-Pro Tennis Tournament held over 5 days in Pretoria. He is now the number one seed in the SA Schools U19 age division. Well done Jordan on this outstanding achievement!

Karate

Congratulations to Northwood's Connor O'Leary and Aron van Weers who took part in the JKA KZN Karate Championships.

Connor O'Leary achieved two gold medals in Kata and Kumite, with Aron von Weers

Left to Right: Connor O'Leary and Aron van Weers

achieving Silver in Kata, and Bronze in Kumite. Both boys will now represent KZN in the JKA National Karate Championships in May 2019.



JIKO KANKETSU KARATE

Affiliated to Japan Karate Association



KARATE BUILDS, CHARACTER, SINCERITY, EFFORT, ETIQUETTE AND SELF CONTROL. THESE ARE THE 5 MAXIMS OUR DOJO IS CENTRED AROUND

Karate is a life skill, helps kids to channel and control aggression positively, improves concentration, teaches commitment and perseverance, keeps you fit, your mind active, and improves self-confidence.

JOIN US!

- Northwood Boys High School
- Mondays & Wednesdays 5:00 - 6:00 pm All ages welcome
- Get in touch: 082 415 5497 rgwestermeyer@gmail.com



CHIEF INSTRUCTOR: eyer, 5th Dan

ASSISTANT INSTRUCTOR: Darryn Westermeyer, 2nd Dan



Follow us! Durban North JKA Karate





