

Northwood News

Thursday 16 July 2020 — Volume 17

From the Headmaster's Desk

Dear Parents

Having to write the Northwood News weekly often tests one's creativity and ingenuity when it comes down to penning the words. Often I have no idea what I am going to write about and then some door opens up, or some message is sent, and one finds the inspiration one needs.

Last night I received a video clip depicting the life and challenges of Audrey Hepburn – the famous actress who lived during the worst of the Nazi invasion of Europe – including having to witness the execution of her uncle. In spite of malnutrition, absolute poverty and a general fear for life, Hepburn put on ballet and dancing shows to raise money for food and the resistance movement.

When Canadian troops eventually arrived to liberate Holland, she was so underfed that she had to give up dancing and ballet and then turned to acting, going on to achieve amazing success throughout her career.

Hepburn, when asked about how she dealt with all the challenges that came her way, is quoted as saying: *"I was asked to act when I could not act and dance when I could not dance, and do all kind of things I was not prepared for. Then I tried like mad to cope with it."*

Wise words from an amazing human being!

Be safe and blessed.

PP Viljoen



Thought for the Week

"Often we imagine that we will work hard... arrive at a distant goal, and then we will be happy. This is a delusion. Happiness is the result of a life lived with purpose, happiness is not an objective. It is the movement of life itself, a process, an activity."

~ Ethan Hawke



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Academics

MRS R STANLEY

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TOP 10 GRADE 12

Last week we celebrated the academic achievements of our grade 12 Top 10.

Congratulations to:

POS	NAME	AVE	PRIMARY SCHOOL
1	Ishan Jewnarain	95.2	Glenashley
2	Yagen Murugan	93,5	Chelsea
3	Dean van Dijn	92,7	Chelsea
4	Reshay Naidoo	91,5	Mt Edgecombe Private
5	Jodil Ramkisson	91.2	Virginia
6	Yashil Sukram	90.5	Durban North Primary
7	Rahul Mohanlall	89.7	Chelsea
8	Joachim Gengan	89.3	Glenashley
9	Yasheel Pillay	88.5	Northlands
10	Thomas Buckle	88.3	Chelsea

Well done and do **not** stop giving your best and being your best.

BACK AT SCHOOL

It has been such a treat to see so many happy smiley faces back at school. I am sure your boys enjoyed catching up with their friends.

I would like to put the spotlight on our Headmaster, Mr Viljoen – Northwood is incredibly lucky to have a person like him as the leader of our School. The time and work he has put into finding ways to keep the boys educated, and the staff employed is phenomenal. Thank you Mr Viljoen for the care you show and the person you are.

Northwood

SPORTS
MEDICINE CENTRE

Phone Number: 031 564 7675

Address: 47 Mackeurtan Avenue, Durban North

Email: medicalcentrenorthwood@gmail.com

Open Hours: 8am – 5pm

Practitioners:

Senzo Mthembu – Physiotherapist

Ace Hendricks – A&H Elite Professional Sports Recovery

Nicole Redman – Physiotherapist

Dr Kevin Worth – Chiropractor

Ashleigh Reynolds – Counsellor

Naina Bhikha – Counsellor

Doungkamol Naidoo – Professional Thai Massage Therapist

You have to learn
how to care for
people without
taking on all their
problems.

Claire Huxtable

FOR SALE

Smalls

These mini adverts are put in as a community service and are not specifically endorsed by Northwood

BATA TOUGHEES: School shoes size 9 brand new still in box R200. Call Charles on 084 811 2195.

FACE MASKS: Washable, reversible, comfortable face masks for sale. R15.00 each. R250.00 for 20. Contact 0845009437

FRESH FARM EGGS: Farm fresh and free range Jumbo R17 for 6, Free range XL R16 for 6 or R48 for 18. Grain Fed Jumbo R15 for 6. Bush Honey R50 for 350g. Delivered every Thursday. Contact Malcolm on email malcolmbremner@gmail.com or Whatsapp 083 655 2216.

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