Thursday 15 April 2021 - Volume 11

From the Headmaster's Desk

Dear Parents

There is great excitement around the school as the sporting programme starts to resemble familiarity. We are grateful that our boys have the opportunity to once again engage in those sporting and cultural activities that mean so much to them. I know it is hard, as a passionate and devoted parent, to not be able to watch your son in action, but we hope that this situation will soon change too. In the meantime, our Tech Team is hard at work to ensure that we can live stream fixtures for you, so look out for details around this offering.

The boys have also been hard at work writing the various control tests and will continue to do so until next week Thursday. The term one reports will therefore be made available during the second week of term two. Details around the collection of these and parent teacher contact time will be communicated when school reopens on the 3rd of May.

Yesterday was also a special day for us, as a school, as we took delivery of our new 65 seater bus. The bus will be used to serve the North Coast Shuttle Service but will also add to our current fleet, allowing us to transport our boys to various other events with greater comfort and ease. A very big thank you goes out to the School Governing Body, and in particular the finance team who worked very hard to make this acquisition possible. We pray that God will bless us with many safe kilometers of travel.

A reminder that the Hope Project is still going strong, with a number of boys and families within our own school and community now benefiting from your contributions. If you want to find out more about how to get involved, please feel free to email <u>hope@nwood.co.za</u>.

Lastly we would like to welcome Mr Francois Schoeman to the Northwood Family – Mr Schoeman is serving our boys in the Afrikaans department as Mrs Johnson awaits the birth of her first born. May you enjoy a happy time with us Mr Schoeman.





Quote of the Week

"There is no talent here, this is hard work. This is obsession. Talent does not exist, we are all equal as human beings. You could be anyone, if you put in the time, you will reach the top, and that's that. I am not talented, I am obsessed."

~ Connor McGregor

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Minor Drinking is a Major Problem Joshua Mearns

Is South Africa the worst country in the world in terms of underage alcohol consumption?

Statistics in relation to the topic of underage drinking are unclear, but it is evident that 32% of South African youth members (11-20 years of age) have drunk alcohol in the past seven months, the third highest figures in Africa, however, the acceptance and the encouragement of alcohol consumption in South Africa makes this case specifically dangerous.

The normalization and romanticization of alcohol usage among minors in society nowadays is one in a long line of causes of teen drinking and it is the one that proves to be the largest threat. Drinking alcohol is something that has become second nature in today's day and age and as a result the thought process on the matter has transcended from "will I drink?" to "when will I drink?" and has convinced the youth that experimenting with alcohol is an essential checkpoint in one's life.

Alcohol is a harmful substance and bears only negative effects regarding health. Excessive or binge drinking (among adults) is not a means of solving problems, it is a means of creating whole new problems, including ones physical and mental health and well-being, and on numerous occasions results in relentless liver and brain damage. If alcohol has effects of that severity on adults, the potential damage it has on the still-developing brain and body of a minor is unrestricted.

"Alcohol is the *real* gateway drug" says Varsity College psychology student. In critical assessment of the above statement, it is an unproven theory, but it does entail a lot of truth. Though alcohol is not publicly nor constitutionally recognized as a drug, it shares all the characteristics and detrimental side-effects with drugs and, alcohol is often the initial stepping stone of a life of substance abuse- the direct definition of a gateway drug. In addition, whilst under the influence of alcohol people tend to proceed to indulge in various other damaging substances.

Underage alcohol consumption is too often affiliated with delinquency, however, in terms of teen drinking, the teenagers are not the perpetrators, they are the victims. The victims of a society and ongoing culture in which alcohol is accepted and even required as human beings. Underage Alcohol consumption bears no benefit to anyone and must be stopped in its tracks. In this world of 'cancel culture', we must cancel underage, illegal alcohol indulgence.





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Extra Lesson Timetable

	GRADE 8	
MON	SPORT	
TUES	English – Ms Hartwig	
	Life Science – Mrs Morton	
	Maths – Mr Hosking	
WED	SPORT	
THURS	Afrikaans – Mrs Johnson	
	EMS – Mr Richter	
	Maths – Ms Alborough	
	GRADE 10	
MON	Afrikaans – Ms Naidoo	
	Accounting – Mrs Coulter	
	Maths – Ms Evans	
TUES	SPORT	
WED	English – Mr Hale	
	Life Science – Mrs Hayden	
	Maths – Mrs le Roux	
	Accounting – Ms Raftopoulos	
	°	
THURS	SPORT	
	GRADE 12	
MON	English – Ms Domun	
	Life Science – Mr Govender	
	Bus.Studies – Mr Wiblin	
	Accounting – Ms Dorman	
	Economics – Ms Raftopoulos	
TUES	SPORT	
WED	Afrikaans – Mr Harishun	
	Maths Lit – Ms Evans (3-4 pm)	
	Phys Science – Mrs Ramseook	
THURS	SPORT	

	GRADE 9		
MON	SPORT		
TUES	Life Science – Mrs Morton		
1020	Maths – Mr Dlamini		
WED	SPORT		
THURS	Afrikaans – Mrs Prins		
_	English – Mr Halse		
	EMS – Ms Dorman		
	Maths – Mr Hildebrandt		
	GRADE 11		
MON	Afrikaans – Mr Jankeeparsad		
	Life Science – Mrs Morton		
	Accounting – Mrs Joseph		
	5 1		
TUES	SPORT		
WED	English – Mr Krause		
	Bus.Studies – Mr Wiblin		
	Maths – Mrs Scott		
	Maths Lit – Ms Evans (3-4 pm)		
	Phys Science – Mrs Coulters		
THURS	SPORT		







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The Knights cordially invite you to attend the

Circle of Valour Awards Dinner

26 May 2021 - 6pm for 6:30pm Northwood School - The Victor Daitz Centre for Innovation R450 per person - Includes 3 course dinner and welcome drink

This year we will award the following Old Boys for their excellent achievements in their respective careers:

Sport Community Service Business Music, Art and Culture Science and Technology Mr Grant Bashford Mr Bruce de Gier Mr Andrew Wood Mr Kevin Gibson Dr Alan Whitfield



RSVP to **reunion@nwood.co.za** by 15 May 2021 Including any dietary requirements. For further queries, please contact our Knights Executive, **dvanwyk@nwood.co.za** / 031 563 6501

Bank Details: Northwood Money Market, FNB, Account: 6207445495, Branch Code: 220246 Use your name and COV as reference - please email POP to reunion@nwood.co.za

Homework Centre

The Homework Centre is open. Learners who would like after school assistance or just a quiet place to work, please speak with Mrs Morton or Mrs Butt.

Rorthwood

SPORTS

MEDICINE CENTRE

Phone Number: 031 564 7675 *Address:* 47 Mackeurtan Ave, Durban North

Email: medicalcentrenorthwood@gmail.com

Open Hours: 8am - 5pm

Practitioners: Ace Hendricks – A&H Elite Professional Sports Recovery Nicole Redman – Physiotherapist Dr Kevin Worth – Chiropractor Ashleigh Reynolds – Counsellor Naina Bhikha – Counsellor Amanda Hawke – Physiotherapist Rogan Heyns – Biokineticist

The Medical Centre is open for business with strict Covid-19 protocols in place.

Northwood Gear

Business Hours Tuesday to Thursday 1.30 to 3.15 Friday 1.15 to 2.30 Monday and Saturday CLOSED Queries – 083-6910135

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These mini adverts are put in as a community service and are not specifically endorsed by Northwood

FLATLET to RENT. Durban North (Ellis Park Drive). Furnished, if required. Free WiFi. Prepaid electricity. R4 000 per month + deposit. 083 439 6279

Pure Bliss offers a range of products at affordable prices. Perfect for everyday use. Please visit their website at <u>www.pure-bliss.co.za</u> or contact Jo on 083 287 9856

Private 2 Bedroom 1 Bathroom Garden Cottage in Glenashley. Open Plan Lounge. Kitchen has Oven & Hob. Patio / Braai area. R9500.00 incl L&W and wifi Contact Trevor on 0824637103





Sport & Culture

MR G. LE ROUX Email: gleroux@nwood.co.za





NB: As a courtesy to their teammates, players who are unable to play a fixture need to give their coach **7** days notice so that arrangements can be made for the team.



Rugby & Hockey Fixtures 2021

Date	Fixture	Venue
	TERM 2	
23 April	Northwood vs Westville - Rugby	Home
8 May	Northwood vs Hilton - Rugby and Hockey	Home
15 May	Northwood vs Kearsney - Rugby and Hockey	Home
22 May	Northwood vs College - Rugby and Hockey	Away
29 May	Northwood vs DHS - Rugby and Hockey- Old Boys Day	Home
5 June	Northwood vs Michaelhouse - Rugby and Hockey	Away
12 June	Northwood vs St Charles - Rugby and Hockey	Away
19 June	Northwood vs Westville - Rugby and Hockey	Home
24 June	Northwood vs Clifton- Hockey	Away
	TERM 3	
31 July	Northwood vs Jeppe - Rugby, Hockey, Soccer	Home
7 August	Northwood vs DHS - Rugby	Away
14 August	TBC	
21 August	Northwood vs Glenwood- Rugby	Away



Business Solutions



















Swimming

Another fantastic performance from Northwood's Bryce Loom who took part in the SA National Junior Gala this past week.



Bryce participated in 6 events and won medals as follows: Gold – 200m Backstroke - achieving a National Senior qualifying time of 2:19:82 Silver – 100m Backstroke – 1:04:19 Silver – 50m Backstroke – 29:61 Bronze – 50m Freestyle – 25:95 This was his first SA National Junior Gala, and his first time racing in a long course pool since December 2019 due to Covid. Huge congratulations to this talented and determined young athlete!