

Northwood News

Friday 14 May 2021 - Volume 14

From the Headmaster's Desk

Dear Parents

This week has been a particularly sad one for us as a school. On Saturday one of our boys suddenly and unexpectedly lost his mother. One of our educators lost a brother in law and one of our most beloved Old Boys, Kenneth Reardon, also passed.

Kenny was a founder pupil of Northlands Boys' High School and matriculated in 1954. He was well known in the Durban North community and a member and benefactor to Crusaders Sports Club. Our condolences go to his family and friends but also to those other members of the Northwood families who have suffered pain and loss.

The realization of how quickly and unexpectedly loss can occur, made me sit down and do some introspection. I really had to ask myself whether I am focusing on all the right things in life. But it also made me realize how much I love and care for our boys. These young men are having to deal with so much in their young lives and can so easily become hardened or despondent, yet they continue to prevail, they bounce back from adversity, they mess up, they recover, they celebrate life, they show resilience and passion and just do so much to make me proud.

I am so fortunate to be serving our boys along with a special group of teachers – Northwood is a special place, not a perfect one, but a school with heart. A place where we allow our boys to be themselves, to experience the reality of our diverse society. We do not have a school of entitlement or ego. We have a school where we know all our boys are important. I just love this place so much!

I continue to pray for God's grace over our school, our boys, our teachers, parents and families. We are blessed beyond measure and we know that God has great plans for our school and our boys.

"Always show appreciation. What's taken for granted will eventually be taken away. Then you end up missing most what you least appreciated."

May we all realize how fortunate we all are.

Quote of Week

"The whole world is full of miracles, but we are so used to them we call them ordinary things."

~ Hans Christian Anderson



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www.northwoodschool.co.za

Academics

MRS R STANLEY

Email: rstanley@nwood.co.za

STATEMENT OF RESULTS

By now you will have seen your son's Term 1 results. Please note that if you have any concerns, you may contact his Grade Tutor or his Subject Teacher directly. See D6 for e-mail addresses.

There are extra lessons available after school as well as Homework Centre where we have Academic Mentors and a staff member to assist them.

Extra Lesson Timetable

	GRADE 8
MON	SPORT
TUES	English – Ms Hartwig Life Science – Mrs Morton Maths – Mr Hosking
WED	SPORT
THURS	Afrikaans – Mrs Johnson EMS – Mr Richter Maths – Ms Alborough

	GRADE 10
MON	Afrikaans – Ms Naidoo Accounting – Mrs Coulter Maths – Ms Evans Bus. Studies – Mr Marais
TUES	SPORT
WED	English – Mr Hale Life Science – Mrs Hayden Maths – Mrs le Roux Accounting – Ms Raftopoulos History – Mr Germishuizen
THURS	SPORT

	GRADE 12
MON	English – Ms Domun Life Science – Mr Govender Bus.Studies – Mr Wiblin Accounting – Ms Dorman Economics – Ms Raftopoulos
TUES	SPORT
WED	Afrikaans – Mr Harishun Maths Lit – Ms Evans (3-4 pm) Phys Science – Mrs Ramseook
THURS	SPORT



	GRADE 9
MON	SPORT
TUES	Life Science – Mrs Morton Maths – Mr Dlamini
WED	SPORT
THURS	Afrikaans – Mrs Prins English – Mr Halse EMS – Ms Dorman Maths – Mr Hildebrandt

	GRADE 11
MON	Afrikaans – Mr Jankeeparsad Life Science – Mrs Morton Accounting – Mrs Joseph
TUES	SPORT
WED	English – Mr Krause Bus.Studies – Mr Wiblin Maths – Mrs Scott Maths Lit – Ms Evans (3-4 pm) Phys Science – Mrs Coulter
THURS	SPORT

Homework Centre

The Homework Centre is open. Learners who would like after school assistance or just a quiet place to work, please speak with Mrs Morton or Mrs Butt.



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Maths Olympiad

RE M I N D E R

Maths Olympiad second round will be written on Tuesday 18th May from 12:30 – 14:30. All details and practise papers are in the Maths Olympiad tab under resources on the d6.

Clothes for Good

Northwood has been invited by Clothes to Good (CTG) to participate in an exciting and unique social and environmental awareness programme.

Clothes to Good (CTG) is an organisation which recycles pre-loved and new clothing, shoes and any retail apparel. CTG finds great joy in using what others categorise as "waste" to create a positive impact. CTG has partnered with the H&M retail group to create the Clothes to Trees: Love our Planet programme with the purpose of empowering community women through micro-business development, creating jobs for people with disabilities, and developing educational resources for children in low-resourced early childhood development (ECD) centres. The programme further creates awareness around the sustainability issues of the fashion industry, being the second highest polluter globally, and enables learners of all ages to take a more active role in caring for the environment.

To avoid hoarding pre-loved clothing items or sending clothing to landfill sites, you are invited to donate clothing, shoes or other textile items that are no longer being used to CTG to support this worthy, high impact programme.

This is how it works:

- A fully recyclable, green collection bag will be sent home with your son on Tuesday 18 May 2021. Please fill the bag with textile items such as clothing, towels, old curtains and shoes to be donated. Please be advised that items need not be in good condition-everything is welcome and reused or recycled!
- Learners require your consent in the form of a signature on the Permission-to-Donate form. This form can be found in a link at the bottom of this page.
- Return the filled bag to school where your son may hand it to his class representative. Remember to insert the signed permission form.
- Each bag donated will earn an H&M 15% discount voucher to be used on any item of choice. The voucher is a reward offered by H&M to encourage recycling of textiles and caring for the environment.
- The bags will be collected from the school by CTG on 11 June 2021.
- The school will keep all parents and learners posted on the outcome of the programme - every bag counts!
- Each participant will also receive a Spekboom tree to plant, helping reduce the carbon in the air that we breathe one tree at a time.
- The usable clothing donated currently provides business opportunities to 108 micro-business of which 56 business owners are mothers of children with disabilities. All other donated items also have a purpose and add value in the recycling eco-system.

To learn more about the programme and how CTG works, visit www.clothestogood.com

We are excited to be part of this opportunity to educate our children about conscious fashion and sustainability, while encouraging social and environmental impact.



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Understanding Concussion

There has been growing concern internationally about the incidence of sport-related concussion. If managed correctly most signs and symptoms will resolve spontaneously, however complications can occur.

WHAT IS CONCUSSION?

Concussion is a type of brain injury, caused by a force to the head or any part of the body, which transmits an impulsive force to the head. It commonly causes short-lived neurological impairment. Symptoms may become evident over the hours or days following the injury. The symptoms should resolve without medical intervention. Rest, followed by gradual return to activity, is the main treatment.

RECOGNISING CONCUSSION

The signs and symptoms are variable and may be very subtle. A hard knock is not required to cause a concussion. There are 22 possible symptoms of concussion that will be assessed by a medical professional who can determine the return to sport. Cervical spine injuries should also not be excluded if there is loss of consciousness or neck pain.

Some of the symptoms to be aware of include: neck pain, confusion, headaches, dizziness, nausea and vomiting, blurred vision and balance problems etc.

MANAGING CONCUSSION

A person with a suspected concussion should avoid aspirin, anti-inflammatories and any sedating medication. Immediate management is physical and cognitive rest. Most concussion symptoms do resolve in 7-10 days. Only after a minimum of 24 hours of being symptom free can one return to monitored, phased physical activity. This return must be closely monitored.

NICOLE REDMAN
PHYSIOTHERAPISTS INC.

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Scottburgh Medical Pavilion: ☎0399760008
38 Airth Street. 📞0764937142
Northwood Medical Centre: ☎0315647675
48 Mackeurtan Ave, Durban North
Amanzimtoti Practice: ☎0319042044
Medexcel Building, 24 Prince Street.

Northwood

SPORTS

MEDICINE CENTRE

*The Medical
Centre is open for
business with
strict Covid-19
protocols in
place.*

Phone Number: 031 564 7675

Address: 47 Mackeurtan Ave,
Durban North

Email: medicalcentrenorthwood@gmail.com

Open Hours: 8am – 5pm

Practitioners:

Ace Hendricks – A&H Elite Professional Sports
Recovery

Nicole Redman – Physiotherapist

Dr Kevin Worth – Chiropractor

Ashleigh Reynolds – Counsellor

Naina Bhikha – Counsellor

Amanda Hawke – Physiotherapist

Rogan Heyns – Biokineticist

Message from the Marketing Team

Golf Day

Please support us with prizes for our golf day.
If you are able to assist please drop off prizes in
twos at the school or contact
marketing@nwood.co.za

Northwood Gear

Business Hours

Tuesday to Thursday

1.30 to 3.15

Friday

1.15 to 2.30

Monday and Saturday

CLOSED

Queries – 083-6910135

SMALLS

These mini adverts are put in as a community service and are not
specifically endorsed by Northwood

FOR ALL YOUR PROPERTY NEEDS: Contact Jenny Walter-Girout at Property.Co.Za on 082 457 2542 or email
jenny.girout@propertycoza.co.za. Website: www.propertycoza.co.za

Pure Bliss offers a range of products at affordable prices. Perfect for everyday use.
Please visit their website at www.pure-bliss.co.za or contact Jo on 083 287 9856

Northwood
REUNION WEEKEND
✠ 2

26 May to 29 May 2021

We look forward to welcoming Old Boys to celebrate their founder school years with our Annual Reunion Weekend celebrations. A 4 day Covid adjusted itinerary is planned - this year including our COV Awards Dinner along with our annual Golf Day, Breakfast and Special Assembly, as well as our Reunion Dinner on the Friday evening. On Saturday 29 May 2021 our Old Boys Day will be live streamed to ensure no-one misses out on the action.

Bookings

reunion@nwood.co.za
(031) 563 6501 Ext 353

Please email your proof of payment along with your name , year and event choices, using REUN and your surname as reference.

Circle of Valour Awards Dinner
Victor Daitz Centre for Innovation
Northwood School
26 May 2021 - 6pm for 6:30pm
R450

Golf Day
Beachwood Country Club
Thursday 27 May 2021
R2500 (per Four Ball)
(Dinner and prize giving included)

Special Assembly and Breakfast
Northwood School
Friday 28 May 2021 - 7:45am to 9:30am
R180

Reunion Dinner
Northwood School
Friday 28 May 2021 @ 6pm
R300

Old Boys Day vs DHS
Saturday 29 May 2021 - Live Streamed

Bank Details: Northwood Money Market, FNB, Acc: 62074454895, Branch Code: 220426



Sport & Culture

MR G. LE ROUX

Email: gleroux@nwood.co.za

Well done to all our boys who were involved in fixtures this past weekend. It was so amazing to see the smiles and hear the laughter going on throughout the day. Our boys most certainly seem happy to be back in action. Congratulations to all our boys involved, you made us proud.

With the challenge of not allowing spectators at matches we have made every effort to try and get as many games live streamed as possible. This however is not as easy as it may appear. For the most part it is our very own school boys that have very quickly and efficiently learnt how to do this so we can reach as many parents as possible. This is by no means a Supersport production so we ask for your patience and support as we try our best to get this right. As you may know, some very established and costly streaming companies have had a fair deal of challenges themselves over the last few weeks so we ask that you be patient with our own boys in this area.

Congratulations to all the learners who were selected for Umlazi Hockey Teams. We do wish you all the best for the KZN Hockey trials on the go this week.

Umlazi u18A		Umlazi u18B		Umlazi u18C
Adam Chislett		Diezel Strohfeldt		Darius Eswarlal
Brent Van Der Linde		James Hooper		Kaden Cooke
Ethan Grace		Keagan Best		Kody Groupe
Hlumelo Bakubaku		Ryan McNally		Matt Anderssen
Josh Cotterell		Saurav Matai		Nathan Pretorius
Luciano Gomes		Toby Dwyer		
Mitchell Jagga				
Umlazi u16A		Umlazi u16B		Umlazi u16C
Ben Bashford		Himesh Nagin		Andre Strydom
Harlee Jagga		Isaac Phiri		Andrew Deeb
James Read		Reece Lardant		Guy Truscott
Joshua Bezuidenhout		Sahil Matai		Liam Peverett
Reece Van Der Linde				Rourke Gessner
Tristan Boyall				Trent Jessop
Veeshan Govender				Ziyaad Moolla
Umlazi u14A		Umlazi u14B		Umlazi u14C
Ben Loxton		Guy Henwood-Fox		Aidan Potgieter
Jordan van Zyl		Nicholas Murugan		Alistair Duncan
Kyle White				Kyle Grobler
Luke Allen				Matthew Norton
				Shrieyen Manickum
				Tuswa Pheta

We wish all our boys the best of luck for this weekend's fixtures. Please follow our social media pages for streaming details as well as the links.

For all extra mural details with regards to fixtures, notices, practice times and transport arrangements please visit www.northwoodschoolsport.com. Remember to create a shortcut on your home screen of your mobile device for a very user friendly version of the site.