

Northwood News

Friday 11 June 2021 - Volume 18

From the Headmaster's Desk

Dear Parents

During the past week we have faced numerous challenges, most of these related to the ongoing effect of the Covid 19 pandemic. In a time where the number of infections is climbing steadily, it is perhaps easy to become despondent or worse even, depressed. There is no doubt that the effect that this pandemic is having is not only physical but indeed mental.

In a school such as ours, boys are inspired by the opportunity to compete, to celebrate, to laugh, to enjoy and to bond and to live and breathe and feed on the energy of those around them. The mental challenges the boys are facing are therefore huge and as such I am deeply concerned for their overall well-being.

In terms of supporting our precious boys and their overall wellbeing I have gathered some suggestions which may come in handy for you as parents.

Talk to your son about how he is feeling and dealing with the current situation;

Encourage him to do some exercise every day;

Limit the interaction with smart phones and other devices to what you believe reasonable;

Encourage the boys to do some physical work around the house and garden;



Work with them to set a study schedule that allows for enough rest and relaxation time;

Make sure you keep the mood around the house light and humorous –laughter really is the best medicine.

Our boys are resilient and strong and have faced so much during the last 16 months, so I have no doubt that they will continue to persevere and survive, but they really do need some extra love and care as we head towards the school holiday. Love that I know you will be more than happy to give.

Quote of Week

“Integrity is choosing courage over comfort; choosing what is right over what is fun, fast, or easy and choosing to practice our values rather than simply professing them.”

~ Brené Brown



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Academics

MRS R STANLEY

Email: rstanley@nwood.co.za

Today is the **YOUNGEST** you'll ever be, start appreciating it. It's also the **OLDEST** you've ever been, start acting like it.

ROTATION

Although the rotation means less "contact" time, it does not mean less work or learning. Boys will get work to do on their off days and still need to learn for the test block which is around the corner. Parents are asked to support the school by making sure your sons have completed any work set and have a study timetable they are working through. Limited phone time is suggested, especially if parents are not at home to supervise.

The Homework Centre is still available for boys after school and extra lessons on their attendance days will continue.

REINFORCEMENT LESSONS

On Friday 11 June and Friday 18 June reinforcement lessons will continue as usual for the grades in attendance on those days.

Extra Lesson Timetable

	GRADE 8
MON	SPORT
TUES	English – Ms Hartwig Life Science – Mrs Morton Maths – Mr Hosking
WED	SPORT
THURS	Afrikaans – Mrs Johnson EMS – Mr Richter Maths – Ms Alborough

	GRADE 10
MON	Afrikaans – Ms Naidoo Accounting – Mrs Coulter Maths – Mrs Munnik Bus. Studies – Mr Marais
TUES	SPORT
WED	English – Mr Hale Life Science – Mrs Hayden Maths – Mrs le Roux Accounting – Ms Raftopoulos History – Mr Germishuizen
THURS	SPORT

	GRADE 12
MON	English – Ms Domun Life Science – Mr Govender Bus.Studies – Mr Wiblin Accounting – Ms Dorman Economics – Ms Raftopoulos
TUES	SPORT
WED	Afrikaans – Mr Harishun Maths Lit – Ms Evans (3-4 pm) Phys Science – Mrs Ramseook
THURS	SPORT

	GRADE 9
MON	SPORT
TUES	Life Science – Mrs Morton Maths – Mr Dlamini
WED	SPORT
THURS	Afrikaans – Mrs Prins English – Mr Halse EMS – Ms Dorman Maths – Mr Hildebrandt

	GRADE 11
MON	Afrikaans – Mr Jankeeparsad Life Science – Mrs Morton Accounting – Mrs Joseph
TUES	SPORT
WED	English – Mr Krause Bus.Studies – Mr Wiblin Maths Lit – Ms Evans (3-4 pm) Phys Science – Mrs Coulter
THURS	SPORT & Maths – Mrs Scott

Homework Centre

The Homework Centre is open. Learners who would like after school assistance or just a quiet place to work, please speak with Mrs Morton or Mrs Butt.



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Term 2 Control Tests

GRADE	TUES 25/05	TUES 01/06	TUES 08/06	TUES 15/06
8	English	Grade Assembly	Maths	Physical Science
9	Grade Assembly	English	Physical Science	Maths/Maths Lit
10	Afrikaans/IsiZulu	Geography	Maths/Maths Lit	Physical Science
11	English	Maths/Maths Lit	Afrikaans/IsiZulu	Geography
12	Maths/Maths Lit	Physical Science	Geography	Maths/Maths Lit
Reinforcement Lesson	FRI 04/06	FRI 11/06	FRI 18/06	WED 23/06

June/July Tests 2021

Early Exams

DATE	TIME	VENUE	10	11	12
Fri 18/06	Lesson 1	TBA	Drama (3)	Drama (2)	
Mon 21/06	Lesson 1	Hall	Design (23)	Design (33)	Design (21)
Tues 22/06	Lesson 1	Hall	IT (92)	IT (65)	IT (20)
Wed 23/06	Lesson 1	Hall	Tourism (20)	Tourism (41)	

DATE	TIME	8	9	10	11	12
Thurs 24/6	08:00-09:30	Afrikaans/ IsiZulu	Maths	Life Sciences (1 hr)	Phys Science	Bus. Studies
Fri 25/6	08:00-09:30	LO (1 hr)	English (1 hr)	Geography (1 hr)	Bus. Studies	Tourism (1 hr) AP Maths
Mon 28/6	08:00-09:30	Geography (1 hr)	EMS (1 hr)	History AP Maths	English	Maths/Maths Lit
Tues 29/6	08:00-09:30	Phys Sci (1 hr)	Life Sciences (1 hr)	EGD (1 hr)	Afrikaans/ IsiZulu	Economics
Wed 30/6	08:00-09:30	Technology (1 hr)	Creative Arts/ Music	Bus. Studies	History	Afrikaans/ IsiZulu
Thurs 01/7	08:00-09:30	EMS (1 hr)	Geography (1 hr)	LO	EGD (1 hr)	Life Science (1 hr)
Fri 02/7	08:00-09:30	English (1 hr)	History (1 hr)	Maths/Maths Lit	Accounting Music	Phys Science
Mon 05/7	08:00-09:30	History (1 hr)	LO (1 hr)	English	Maths/Maths Lit	Geography
Tues 06/07	08:00-09:30	Creative Arts/ Music	Phys Science (1 hr)	Afrikaans/ IsiZulu	Life Sciences (1 hr)	Accounting Music
Wed 07/7	08:00-09:30	Life Sci (1 hr)	Technology (1 hr)	Phys Science	LO	English
Thurs 08/7	08:00-09:30	Maths	Afrikaans/ IsiZulu	Accounting Music	Geography (1 hr)	EGD (08:00-09:00) History (09:00 – 10:30)
Fri 09/07	08:00-09:30				AP Maths	



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SPORTS MEDICINE CENTRE

The Medical Centre is open for business with strict Covid-19 protocols in place.

Phone Number: 031 564 7675

Address: 47 Mackeurtan Ave,
Durban North

Email: medicalcentrenorthwood@gmail.com

Open Hours: 8am – 5pm

Practitioners:

Ace Hendricks – A&H Elite Professional Sports
Recovery

Nicole Redman – Physiotherapist

Dr Kevin Worth – Chiropractor

Ashleigh Reynolds – Counsellor

Naina Bhikha – Counsellor

Amanda Hawke – Physiotherapist

Rogan Heyns – Biokineticist

Northwood Gear

Business Hours

Tuesday to Thursday 1.30 to 3.15

Friday 1.15 to 2.30

Monday and Saturday CLOSED

Queries – 083 691 0135

2nd Hand Uniform Shop

Situated on Lower Campus next to Northwood Gear.

Please feel free to drop off your clean and good condition uniforms and kit.

Times: Wednesdays from 1.30 to 3:30pm

Contact Lesley Sleeman on 073 202 4290.

SMALLS

These mini adverts are put in as a community service and are not specifically endorsed by Northwood

Maths and Physics Private tuition available. One-on-one or classes. Grades 6-11. Whatsapp or call 081 369 1463 for pricing.

FOR ALL YOUR PROPERTY NEEDS: Contact Jenny Walter-Girout at Property.Co.Za on 082 457 2542 or email jenny.girout@propertycoza.co.za. Website: www.propertycoza.co.za

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